# Sustainable travel information - PENICUIK WEST

## **PUBLIC TRANSPORT (services and journey times)**

## X15 (Lothian Buses)

Restalrig (1h15min)
Holyrood (1h5min)
Edinburgh City Centre (1h)
Fountainbridge (50min)
Morningside (40min)
Oxgangs (30min)
Fairmilehead (25min)
Easter Bush Campus (15min)
Penicuik Centre (5min)

### 37 (Lothian Buses)

Silverknowes (1h30min)
Western General (1h15min)
North Bridge (1h)
Newington (50min)
Cameron Toll (45min)
Liberton (40min)
Burdiehouse (35min)
Straiton (25 min)
Loanhead Park Ave. (20min)
Roslin (15min)
Penicuik Centre (5min)

The above services call at all bus stops shown on the map.

## WALKING AND CYCLING

Walking or cycling to work, school or local facilities are great ways to include physical activity in your daily routine. These are cheap and enjoyable ways of travelling over short distances. They can provide an effective alternative to other less sustainable modes of transport, helping you become more active and lead a healthier lifestyle.

#### Cycling times to/from Penicuik offices

Dalkeith (1h)
Shawfair (1h)
Loanhead (35min)
Rosewell (35min)

Edinburgh South (40min)
Edinburgh SW (50min)
Edinburgh East (1h15min)
Edinburgh North (1h25min)
Edinburgh West (1h20min)