The Scottish
WELFARE FUND

APPLICATION FORM



Midlothian

ABOUT CRISIS GRANTS AND COMMUNITY CARE GRANTS

Who can get a Crisis Grant or a Community Care Grant?

You may be able to get a Crisis Grant or Community Care Grant if you are getting one of these benefits:

- Income Support
- income based Jobseeker's Allowance
- income related Employment and Support Allowance
- any type of Pension Credit.

You may also be able to get a Community Care Grant if you are likely to get one of these benefits when you leave care, such as a hospital, a care home or a prison. If you are not on one of these benefits, but have nowhere to turn in a crisis, the Council may decide to make an exception and award you a Crisis Grant, but this would be unusual. A Community Care Grant or a Crisis Grant may be goods or items, vouchers or cash.

How we decide whether we will give you a grant

A decision maker will look at all the information on your application before deciding if we can make a grant. There is only a limited amount of money available for payments and items so we cannot make a grant in every case.

The information you give us on the form will help us decide:

- if you qualify for a payment or items, and if so
- whether we can make a grant from the money we have in the budget and what the award should be.

You need to give us as much information as you can about how a grant would help you, either to cope with a crisis or to live independently in the community. We will use this information to decide whether or not we can give you a grant. If you do not give us the information we ask for in the form, we will not be able to give you a grant. We will check some of the information you give us, for example the benefits you are on, with DWP. We may also talk to other people about your application, for example social workers or doctors. We will only make a grant or give you items if we are sure that this is the only way that you can get the help you need. We may also decide to give you less than you have asked for.

How a Crisis Grant can help

A Crisis Grant is to help someone pay for the things they need to prevent harm to their or their family's health or safety because of an emergency or disaster.

What you should not apply for:

You should not apply for a Crisis Grant if you have:

- other money that you can use for the things you need
- already had three Crisis Grants or awards made to you in the last 12 months. This does not include Social Fund applications before April 2013
- applied for a Crisis Grant for the same things within the last 28 days and nothing has changed.

How a Community Care Grant can help

A Community Care Grant is to help a person with things they need to live independently in the community rather than having to live in care. This could be because they are:

- setting up in the community after a period in care
- want to stay in the community rather than having to go into care
- taking part in a planned re-settlement programme after an unsettled way of life
- a family facing exceptional pressure, for example because of family breakdown, and need help to provide a safe and secure environment for their children
- caring for a prisoner or young offender on release on temporary licence.

Crisis Grants and Community Care Grants do not have to be paid back.

What you should not apply for:

You should not apply for a Community Care Grant if you:

- have savings of £700 or more and you are under pension age, or savings of £1200 or more and you are over pension age. Your application for a Community Care Grant will not be successful unless there is a reason why you cannot use these savings
- are in care, are not leaving care within 8 weeks or have not been in care for 3 months or more
- have applied for a Community Care Grant for the same things within the last 28 days and nothing has changed.

Help from other sources

The DWP is still providing Budgeting Loans or may be able to give you a short-term Advance on Benefit. If you don't think you would get a Crisis or Community Care Grant or benefits from the DWP but still need help, a Citizens Advice Bureau, your Council or a local welfare rights organisation may also be able to offer you advice. You can find your local Citizens Advice Bureau in the phone book or at this website: **www.cas.org.uk/bureaux**. You can find out more about local welfare rights organisations on the Rights Advice Scotland website at **www.rascot.co.uk**.

FILLING IN THE FORM

What you will need to fill in this form:

- your National Insurance number
- details of money you receive
- contact details for people who are helping you who the Council may want to contact
- information to prove that you are who you say you are, and
- other documents that give information about your situation, such as the police incident number if you have reported a crime.

If you need help to fill in the form

This form should be filled in by the person making the application. If you need help to fill in this form, you can ask someone else such as a friend or relative, or you can contact your local Council or Citizens Advice Bureau. You still need to sign the declaration at Part 6 yourself.

Applying on behalf of someone else

If you are applying on behalf of someone else who is unable to fill in the form, you should complete the relevant part of section 6 and ask them to sign the section which authorises you to apply on their behalf. We will then deal with you in future. You should complete the form with the details of the person you are acting for.

About the form:

This form is in six sections:

- Part 1. General information about you and your family
- Part 2. About money you have and receive
- Part 3. What type of grant you are applying for and why
 - 3a Crisis Grant in a Disaster
 - 3b Crisis Grant in an Emergency
 - 3c Community Care Grant
- Part 4. Other information that will help us to make a decision
- Part 5. About other support you receive or might want to receive
- Part 6. Declaration and what happens next

You should fill in Parts 1, 2, 4, 5 and 6. You should also complete the section of Part 3 which is about the grant you are applying for. Please complete the form in black ink. If you need extra space, please use the blank page at the beginning of this form.

Receipts

If you are awarded a Crisis Grant or Community Care Grant you may be asked to provide receipts to show you have bought the items your grant was awarded for. Please make sure you keep your receipts.

Review

If you do not agree with the decision made on your application, you can ask for a review. Details of who to contact are at the end of this form.

THE SCOTTISH WELFARE FUND - APPLICATION FORM

Making Your Application

Simplest and quickest way to make your application is by telephone.

For more information or to make an application please call 0131 270 5600.

More information is also available at <u>www.midlothian.gov.uk/scottishwelfarefund</u>

Completed application forms should be returned:

by post to:

Midlothian Council

Buccleuch House PO Box 12956 Dalkeith Midlothian EH22 1YB

Help and Independent Advice

Citizens Advice Bureau 8 Buccleuch Street Dalkeith Midlothian EH22 1HA

General Enquiries: 0131 660 1636 Money Advice Line: 0131 654 4369 in person to:

Midlothian Council

Buccleuch House 1 White Hart Street Dalkeith Midlothian EH22 1YB

Citizens Advice Bureau 14a John Street

Penicuik Midlothian EH26 8AB

General Enquiries: 01968 675259 Money Advice Line: 01968 679918



APPLICATION QUESTIONS

Part 1. General information about you and your family.

Please give us some information about you, your partner if you have one, and the other people who live in your house with you.

	You	Your partner
Title		
Surname		
Other surnames you have used		
All other names		
Your current address		
If you have been at this address for less than 3 months, please give your previous address		
National Insurance number		
Date of birth		
Sex	Male 🗌 Female 🗌	Male 🗌 Female 🗌
A daytime phone number so that we can contact you if we need more information	Main contact number	Main contact number
	Other contact number	Other contact number
Email address		
What is the best way to contact y	/OU?	

About your home.			
What sort of place do you live in? Please tick one	from this list:		
Rent from the Council			
Rent from a private landlord			
Rent from a housing association			
A hostel			
Bed and breakfast			
Caravan or mobile home			
A residential/care home			
A residential school or children's accommodation			
Supported accommodation, for example sheltered housing or housing with support after being homeless			
Living with friends/relatives			
Living with own parents			
Own your home or jointly own your home, including with a mortgage			
Armed Forces accommodation			
A hospital			
Prison or young offender's institution			
Other			
If other, please give details:			
How long have you lived here?			
If your home is rented, please tell us about the lar	idlord.		
Landlord's name:			
Landlord's phone number:			
If you are in a prison or young offender's institution, please give your prisoner number:			
What is the name of the institution you are in?			

About other people who live with you.

Please tell us about all the people who live with you, including children that you support. A child is 16 or under or aged 17-19 and still in full-time education or included on their parent's benefit claim. This includes babies who have not yet been born so, if someone is pregnant, please include details of the baby.

· · · ·			1	
Name/s	Date of birth/due date	Relationship to you	Please tick this box if you receive Child Benefit for this person	
Please continue on the blank page at the beginning of this form if you need more space.				
Please tell us about any a	polications	you have made for Crisis or Com	nmunity Care	
Please tell us about any applications you have made for Crisis or Community Care Grants in the last 12 months, including when you were living in another Council area.				
Was a grant given? Yes 🗌 No 🗌				
Have your circumstances	changed sir	nce the last application? Yes $[$		
If yes, please tell us how:				

Part 2. About money you have and receive.

In order to get a Crisis Grant or Community Care Grant, you need to be on certain benefits. Are you or your partner receiving any of the following welfare benefits? Please tick all of the benefits you and your partner are getting or will be getting:

You	Your partner
Yes 🗌 No 🗌	Yes 🗌 No 🗌
plied for and whe	n and who is
	Yes

Tell us about your regular income, for example from	About money you or your partner get regularly. Tell us about your regular income, for example fr	arly. ple from Income	e Support, Jobsee	ker's Allowance,	Income Support, Jobseeker's Allowance, Employment and Support	Support
Allowance, Pension Credit, Child Benefit, Housing Benefit, Disability Living Allowance, interest on savings, pensions and child maintenance.	dit, Child Benefit, Ho	using Benefit, D	isability Living A	llowance, interes	st on savings, pens	sions and child
Type of money	How much are you getting?	How often?	When was the last payment?	When will the next payment be?	Who makes the payment?	Is this money yours, your partners or held jointly?
For example: Child Benefit	£81.20	Every 4 weeks	8/10/12	5/11/12	HMRC	Mine

About money you or your partner get regularly (continued).				
	Have you or your partner received any money recently apart from your regular income? For example final wages, holiday pay or redundancy pay? Yes 🗌 No 🗌			
	Үои	Your partner		
What money did you or your partner receive? Please give details:				
Where did the money come from?				
How much did you or your partner get?				
When did you or your partner get it?				
Is there any more due?	Yes 🗌 No 🗌	Yes 🗌 No 🗌		
How much and when?				
Are you subject to any sanction or disallowance relating to DWP benefits?				
This means that your benefit has been reduced or stopped even though you are still entitled to it, because of something you have done. Yes No				
If so, please tell us about this. F started and when it will finish. if you are subject to a DWP san We may be able to give you a C	We will not give a Crisis Gra ction unless you are applyin	ant for living expenses ng for food for children.		

About savings and other money you could use. Please tell us about any money, savings, assets or capital that you have. This includes cash, money in a bank, building society or credit union. It might also be National Savings, Premium Bonds, stocks and shares, trust funds or endowment policies. We will not give you a grant if we think you have money that you could use, but some types of money can be ignored when we look at your application, for example business assets, rights in pension schemes, funeral plans and compensation for late payments of benefits.				
	Υου		Your pa	rtner
Do you or your partner have any other money or savings listed above?	Yes 🗌	No 🗆	Yes 🗌	No 🗆
If so, how much?				
Please say where the money is held, for example in a bank account or building society or credit union.				
Can you get to this money to use it?	Yes 🗌	No 🗌	Yes 🗌	No 🗌
If No, why not?				
Is there any other money you or your partner could use, e.g. a credit card, authorised overdraft?	Yes 🗌	No 🗌	Yes 🗌	No 🗆
Please tell us about this:				
Do you or your partner own a house or property apart from where you live?	Yes 🗌	No	Yes 🗌	No 🗆
Please tell us about this:				
Can you or your partner get help from anywhere else, in cash or in kind, for example from friends and relatives, charities or benevolent funds (this might include borrowing items)?	Yes 🗌	No 🗌	Yes 🗖	No 🗌
What have you or your partner tried?				

Part 3. What type of grant you are applying for and why. Please fill in the section which best fits your situation.

<u>,</u>		
Are you applying for a Crisis Grant because of a disaster? A disaster is a sudden misfortune which usually causes damage or destruction to property and/or possessions, for example a flood or a fire	Yes No H If Yes, please fill in Section apply for a Crisis Grant in	
Are you applying for a Crisis Grant because of an emergency? An emergency is a sudden, urgent, unexpected event which usually needs immediate action, for example if you have lost all of your money	Yes No No I If Yes, please fill in Section apply for a Crisis Grant in Emergency	
Are you applying for a Community Care Grant to help you live in the community rather than going into care or staying in care?	Yes No No If Yes, from the list below, reason why you are applyi fill in Section 3c to apply fo Community Care Grant.	ing and please
• You need help setting up home in the comm	unity after being in care	
• You need help to stay in the community rat	her than going into care	
You need help to set up home in the commune- re-settlement programme with an organisat		
 You need help to provide a safe and secure children because of exceptional pressure or because the family has broken down 		
• You need help to care for a prisoner or you temporary licence	ng offender on release or	
3a. Crisis Grant in a Disaster. Please fill in this disaster which may cause serious damage or safety. You can apply for living expenses and which you need as a result of the disaster.	risk to your or your family	y's health or
Please tick the sort of disaster that has	fire	
affected you:	major flood	
	gas or other explosion	
	another type of disaster	
If it is another type of disaster, please say wh	nat it is:	
What happened?		

When did it happen?			
Did any emergency services attend?	Yes 🔲 No 🗌		
What was damaged?			
Do you have household insurance?	Yes 🔲 No 🗌		
If Yes, are you planning to, or have you, made a claim?	Yes 🔲 No 🗌		
What money did the insurance company give you and how much is left?			
How has the disaster affected you and your family?			
If money has been spent, say what on:			
We can only make a Crisis Grant for living expenses if there is a danger to your or your family's health and safety. Please tell us or danger is:			

Please tell us about the things that you are applying for, how many you need; this may include costs for daily living, such as food or electricity. As you are applying because of a disaster, you can also apply for household items which have been damaged, for example a cooker.

damaged, for examp	le a cooker.		
What do you need?	How many or how much do you need?	How much do you think it will cost?	Who will use it?
For example: A cooker	1	£x plus £x delivery and £x installation	Me and my partner to cook for the family
Crisis Grant because you or your family's	e Emergency. Please fi of an emergency which health or safety. If yo or living expenses suc	ch may cause serious u are applying becaus	damage or risk to se of an emergency,
What happened:			
I f money has been Ic	ost, please say how mu	Jch is missing	£
	tolen, please say how		£
	he loss to the police?		Yes 🔲 No 🗌
Please give the incident number:			

Please say how much	Please say how much food you have left and how long this will last:			
Do you pay for your gas or electricity with a pre-payment meter? Yes No				
How much credit is left on the meter? £			£	
How long will it last?				
We can only make a Crisis Grant for living expenses if there is a serious risk to you or your family's health and safety. Please tell us what this risk is: Please tell us about the living costs that you are applying for and how much you				
need. This may inclu food, please say how	de items such as elect many days you need	ricity or travel expens I it for. You cannot app use of an emergency. P	es. If you need ly for household	
What do you need?	How many or how much do you need?	How much do you think it will cost?	Who will use it?	
For example: food until next benefit payment	x days	£x	Me, my partner and two children	
Please go to Section	4 with other informat	ion, unless you are also	o applying for a	
Please go to Section 4 with other information, unless you are also applying for a Community Care Grant.				

3c. Community Care Grant – to help you live in the community rather than being in care. This includes:

- setting up in the community after a period in care
- wanting to stay in the community rather than having to go in to care
- taking part in a planned re-settlement programme after an unsettled way of life
- a family facing exceptional pressure, for example because of family breakdown, and need help to provide a safe and secure environment for children
- caring for a prisoner or young offender on release on temporary licence.

Are you planning to move? If not, go to - Your circumstances	Yes 🔲 No 🗌
If Yes, please tell us the address you are moving to:	
If you are moving, please tick the sort of home you are planning to move to:	A home you own
	Rented – 🔲 🗌
	Rented – partly
	Rented – fully
	Other 🗌
If you have ticked other, please tell us about the second se	out this:
If the property is rented please tell us abo	but the landlord:
Landlord's name:	
Landlord's phone number:	

Your circumstances
Please tell us why you need help to set up or stay in the community:
Are you following a programme of support to belo you re settle in the community
Are you following a programme of support to help you re-settle in the community after an unsettled way of life? Yes No
Why are you following the programme, for example is it because you have had
problems with addictions, or are you following a programme of support, for example, because you have been in care or been homeless?
What does the programme of support involve?
Diagon fill in this section if you need help to provide a safe and secure environment
Please fill in this section if you need help to provide a safe and secure environment for your child or children because you are facing exceptional pressure and do not
have the resources to meet these costs.
What is the exceptional pressure that you or your family are under?

What is the impact on your child/children?

Please fill in this section if you need help caring for a prisoner or young offender on release on temporary licence.

Name:	
Date of birth:	
Their relationship to you:	
Name of institution:	
Their prisoner number:	
What date does the leave start?	
What date does the leave finish?	

Tell us about the things that you are applying for. This may include items such as a bed, bedding, clothes or items for the kitchen such as a cooker. It may also include services such as removals or travel costs. If you are given a grant, you may be asked to provide receipts to show that you have bought the items the grant was awarded for. Please make sure you keep receipts.

Please tell us as much as you can about how these things will help you.

- If you need to replace something, tell us what is wrong with the one you have and why you need to replace it.
- If you need something for the first time, tell us why you need it. Please tell us exactly what you need, for example, if you need clothing, what type of clothing you need.
- For things like curtains and carpets, tell us the sizes of the window or room they are for.
- If you need something with special features or adaptations, tell us what these features are and why you need them. If you need more space to tell us about what you need, please continue on the blank page at the beginning of this form.

What do you so			Mbo will was :+2
What do you need?	How many or how much do you need?	How much do you think it will cost?	Who will use it?
For example: A new winter jacket because I have put on weight while I was in care and the old one doesn't fit any more	1	£x	Ме
Please tell us about a community or to sta	any organisation that y in the community.	is helping you either	to set up in the
Please give the name helping you:	e of the organisation		
Please give the name helping you:	e of the person		
Please give the phon person helping you:	e number of the		
How are they helping	g you?		

Part 4. Other information that will help us to make a decision.

When we decide whether or not to give a grant, we look at how much difference a grant will make to the person applying or the person they care for. This means that we need to know about any problems, difficulties or special circumstances for you or the people you live with. We also need to know about changes in your circumstances. Please answer the questions below, telling us about things that are affecting you, how they have affected you and what help or treatment you have had. Please also tell us if you have had to spend extra money because of these problems.

What will happen if you do not get a grant?

Please tell us if you or someone named in the application has health problems such as chronic or terminal illness, disability for example deafness or blindness or any medical condition:

Please tell us if you or someone named in the application has mental health problems:

Is there any reason why you would need a special type of the item that you have asked for, for example do you need an adaptation to the things you have asked for because of a disability? Yes Ves Ves Ves
Please tell us if you or someone named in the application has learning difficulties or physical impairments:
Please tell us if you or someone named in the application has problems with addictions or substance misuse:
Please tell us if you or someone named in the application has problems because of
age, for example difficulty in getting around or needing help looking after themselves:

Please tell us if you or someone named in the application has been recently homeless and how this happened. Please give the dates:

Please tell us if you or someone named in the application has had a significant changes in circumstances, for example redundancy, eviction or repossession or leaving the Armed Forces:

Other Information – Please use this space to tell us about anything else you think we need to know about that you have not already mentioned in the form. These may be things like family problems, poor living conditions or coping after a disaster. Tell us about anything that makes your situation unusually hard to cope with and why:

Part 5. About other support you receive or might want to receive.				
We may know about other services that you would find useful. Please let us know about services that you are already using.				
Did someone help you to fill in this form, for example a friend or family member or an advice worker?				No 🗆
Are you or your partner in contact with other services, for example social work, housing, welfare rights, healthcare or others?			Yes 🗌	No 🗆
Please tell us why you are in touc	ch with this service or servi	ces:		
Organisation/Department	Name of person	Phone	e number	
Would you like an advice worker to check that you are getting all of the benefits that you are entitled to?				No
Do you find it difficult to pay your debts? Would you be interested in speaking to a debt adviser?			Yes 🗌	No 🗌
Do you think you would find some advice on money management helpful?			Yes 🗌	No
If you have answered Yes to the questions above, we may give your details to someone who could do this for you, depending on how many people are interested in these services. This may be			Yes 🗌	No 🗆
someone from the Council or from Would you be happy to be contac	m a voluntary organisation.			

Part 6. Declaration and what happens next.

If we decide to make a grant, we may pay you a grant or give you vouchers or the items you need. If we are going to give you items or vouchers, we will contact you to arrange for delivery or collection.

About the account you want to use

If we are going to pay cash, we may need to know your bank account details. It is very important you complete ALL boxes correctly including the building society roll or reference number if you have one.

If you tell us the wrong account details your payment may be delayed or you may lose money. You can find the account details on your bank debit card or bank statements. If you are not sure about the details, ask the bank, building society or other account provider. You can use an account in your name or a joint account.

If you do not have an account, and are not planning to open one, please tick the box and we will contact you to discuss the best way to make a payment.

If you are an appointee or a legal representative acting on behalf of the applicant, the account should be in your name only. To be paid into a credit union account you must provide the credit union account details. Your credit union will be able to help you with this.

Account details

Name of account holder:
Full name of bank, building society or other account provider:
Sort code
Account number
Building society roll or reference number
If you do not have an account and don't intend to open one tick here \square

Declaration

Please read the declaration carefully and make sure you understand it before signing and dating the form. We cannot make a decision about your application unless you have signed the form. Even if someone has filled in the form for you, you must sign it if you can. Make sure that you understand what they have written before you sign the declaration. It is an offence to give false information.

Tick one of the following:

This is my application for a Crisis Grant

- I have read and understood the guidance notes that come with this form.
- I understand that Midlothian Council:
 - will use the information I have given to decide whether to award me a grant;

Community Care Grant

- will check the information I have given with the organisations I have named on the form and make any other enquiries to check that the information I have given is correct;
- will use the information and share it with other agencies, including the Scottish Government, for research and analysis to monitor this service and provide better services;
- will keep a copy of this application in accordance with its retention policy.
- may decide to make a grant for supervised spend by the Council or by another organisation;
- may require me to provide receipts for the things I buy, so that I must keep my receipts.
- I declare that, if I am awarded a grant, I will spend it on the things I have asked for.
- I also declare that the information I have given on this form is correct and complete as far as I know and believe.
- •

Signature:

Date:

Print your name:

If this form has been filled in by someone different from the person claiming. If you are signing this form for someone else who cannot apply for themselves, please complete this section. You do not need to complete this section if you have helped someone fill in the form but they are signing it.

Please print the name of the person who completed the form:

Contact address:

Telephone number:

Email address:	
What is your relationship to	
the applicant?	
Please give the reason why the	applicant was unable to complete the form:
Please ask the applicant to sign	this section to give you the authority to apply on their
behalf.	
	amed above to apply for a Crisis Grant or
	ehalf. I would like them to receive all
correspondence about the claim	
Signad	
Signed	
Variabarda appropriate the rest of	the forms with the details of the person way are filling in
the application for. We will send	the form with the details of the person you are filling in all correspondence to you
What to do now	
	the questions and given all information requested
Initial any alterations	
Check you have signed the for	rm
	Council you are applying to. You can find Council contact
-	ment's Scottish Welfare Fund website
Processing times	
If your application is for a Crisis	Grant, we will process it as soon as possible. We aim for
	in 2 working days. We aim to process Community Care
Grant applications within 15 wor	
	ou whether or not you will receive a grant. If your
	o contact you by phone to let you know.
	ith our decision: If you are not happy with the decision on s to look at it again. The Crisis Grant and Community Care
	Il look at your application again to check whether they have

Grant section at the Council will look at your application again to check whether they have made the right decision. You must write to us within 20 working days of the decision and tell us why you want a review.

Helping us to improve our service				
The Scottish Welfare Fund is a new fund. We want to understand how well it is working so that we can improve it in the future. We would like you to answer these questions to help us but they are not part of your application so you do not have to. If you do answer them, we will not use the answers to any of these questions to decide whether or not to give you a grant.				
Would you be willing to answer some que experience of using the fund? If you answ pass on your contact details to approved contact you direct to ask you some quest	wer Yes, we may researchers to			
	o the Scottish Welfare Fund so that we can make antaged. It would be helpful if you could tick the			
What religion, religious denomination or t	body do you belong to?			
None 🛛 Buddhist	Other Christian Pagan			
Church of Scotland Sikh	🗆 Hindu 🔲			
Roman Catholic Dewish	Muslim			
Another religion, please write in				
What is your ethnic group?				
White Scottish	Chinese, Chinese Scottish or Chinese British			
Other British	U Other Asian Asian Spottich			
Irish	Other Asian, Asian Scottish or Asian British			
Gypsy/Traveller	African, African Scottish			
Polish	or African British			
Other white ethnic group	Other African			
Mixed or multiple ethnic group	Caribbean, Caribbean Scottish or Caribbean British			
Pakistani, Pakistani Scottish or Pakistani British	Black, Black Scottish			
Indian, Indian Scottish or Indian British	or Black British			
Bangladeshi, Bangladeshi Scottish or Bangladeshi British	Arab, Arab Scottish or Arab British			
Other ethnic group, please write in				

Do you have a physical or mental health condition or illness lasting or expected to last 12 months or more?	Yes No		
Does this condition or illness affect you in any of the following areas? Please			
tick all that apply			
Vision (for example blindness or partial sight) He	earing		
(for example deafness or partial hearing)			
Mobility (for example walking short distances or	climbing stairs)		
Dexterity (for example lifting or carrying objects,	using a computer keyboard) Learning		
or understanding or concentrating			
Memory			
Mental health			
Stamina or breathing or fatigue			
Socially or behaviourally (for example associated attention deficit disorder or Aspergers' syndrome			
Other, please write in			