

The Penicuik Centre

Swimming Pool Programme

Tel: 01968 664066



	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
Monday	CENTRE OPENS 09:00		Public Swimming 09:00 - 16:20			lane swimming 12:00-13:30	Pre-school Lessons - Boom wall up 13:50-16:20		Swim Lessons 16:30 - 18:00		Public Swimming 18:10-21:45 (2 lanes 20:00-21:45)					
Tuesday	** 2 Lanes (7.00 - 8.30 am)		Pre-School Lessons 9:00-10:00	Aqua Aerobics 10:00 - 11:00		lane swimming 12:00-13:30	Pre-school Lessons - Boom wall up 13:50-16:20		Swim Lessons 16:30 - 18:00		Public Swimming 18:10-21:45					
Wednesday	CENTRE OPENS 09:00		Public Swimming 09:00-21:45			Schools 9:00am - 12:00pm. Boom wall up		Adult Lessons	● Please see note below 14:00-16:15	Swim Lessons 16:10-16:50	Rookie Life-Guards	MSC 4 Lanes 18:00-20:00	Adults Only 20:00-21:45 ** 2 Lanes Available			
Thursday	** 2 Lanes (7.00 - 8.30 am)		Aqua Aerobics 10:00 - 11:00		lane swimming 12:00-13:30					Swim Lessons 16:30 - 18:00		Public Swimming 18:10-21:45				
Friday	CENTRE OPENS 09:00		Adult & Child 09:30 - 10:30	Aqua Aerobics 10:30 - 11:30	lane swimming 12:00-13:30	Inflatable session 14:00-16:00				Rookie Life-Guards	Rookie Life-Guards	Adults Only 18:30-19:45	CENTRE CLOSED 20:00			
Saturday	CENTRE OPENS 09:00		Public Swimming 09:00 -10:00	Inflatable session 10:00-12:00	Public Swimming 12:00 - 16:45			Pool Closed at 16:45 ◆◆ Available for Party Bookings between 17:00-19:00		CENTRE CLOSED 20:00						
Sunday	CENTRE OPENS 09:00		Public Swimming 09:00 - 19:45						● Please see note below 17:00-19:45		CENTRE CLOSED 20:00					
			3 Lanes 09:00-09:55	MSC 3 Lanes 10:00-12:00		Fun Session 13:30-15:30, Boom wall up, Floor 0.6m										

Timetable Issued: October 18 Issue 6			◆◆ Please Contact Reception for Public Swimming Availability																		
OPEN TO PUBLIC	CLOSED TO PUBLIC	SWIM LESSONS	PRIVATE LETS	Boom wall up and pool floor set to 1.2m during Aqua Aerobics & 0.9m for Pre-school lessons				● Due to ESSENTIAL STAFF TRAINING. Pool closed 1st Wednesday of each month 14:00-16:00 Pool closed 3rd Sunday of each Month 17:00-20:00				Last Entry Time for Swimming Monday-Thursday 21:00 Friday 19:00 Saturday 16:00 & Sunday 19:00				PHS using pool facilities at various times throughout the week		Charges:		Adult	Conc.
																		Swimming	£ 4.80	£ 2.50	
																		Health Suite	£ 7.70	£ 4.40	
																		Aqua Classes	£ 6.00	£ 4.10	
																		Family Swim	£ 13.20		