**Out and about in Midlothian**

**Route Details**

A circular walk around Penicuik with only a few hundred metres on pavements. The rest is in the countryside, beside burns, mixed woodland and the more open ground of Penicuik Estate.

**Introduction**

A circular walk around Penicuik with only a few hundred metres on pavements. The rest is in the countryside, beside burns, mixed woodland and the more open ground of Penicuik Estate.

**Route Details**

Starting from Tesco on Edinburgh Rd, Penicuik, cross the main road at traffic lights and turn left. In 200 metres turn right signed Cuiken Glen Circuit. In 100m turn left signed Lowries Den Circuit, beside the burn, past fields and into woodland. Further up, before the path bends left, note the deep-sided stone "bridge" with silver hand rails on your right. This is the Talla aqueduct, delivering drinking water to Edinburgh.

Now at the top of the hill, enjoy the woodland path. Shortly after crossing a minor road turn left, now with views to the Pentlands. Cross a farm road then downhill to a small wooden bridge. Cross the burn into the woods of Lowries Den. Continue downhill, cross a major road then slightly left to the car park for Penicuik estate.

Now walk down the estate tar road to a large stone bridge, turn right and walk up to Penicuik house. Sadly this burned down in 1899 but recently the stonework been partly restored and stabilised.

The path now continues around the right side of the building, under a small bridge and down to the valley through a kissing gate. After the gate, take the track left down past Low Pond then along the left bank of the river passing the recently renovated "Roman Bridge”. Follow the river for 1 mile to a rusty white gate before a house. Go through the kissing gate, passing between houses and down to the Peebles Rd. Turn right then in 100m cross the road left signed (blue) cycle route 196, Bonnyrigg etc). Walk downhill for 150m then turn right over a wooden bridge to Valleyfield pond.

Continue past the pond back to the river. Follow the tar path for 1¼ miles downstream. Turn left signed (blue) Beeslack High School. In 200m bear left off the tar path. Now follow the burn upstream avoiding side paths. At the top of the hill continue behind the houses till reaching Eastfield Farm Rd. Cross, turn right for 100m then left to reach your starting point.

---

**Walk or Cycle**

- **Penicuik Circular**
  - **Distance:** 6½ miles / 10.5 km
  - **Ascent:** 600 ft / 180 m
  - **Time:** 3 hours
  - **Terrain:** Off road • Tar and earth paths • Muddy in places after rain •
  - **Map:** No 66 Edinburgh
  - **Start point:** Gr: NT 237 610
  - **For Sat Nav users:** Lat: N 55.83621 Long: W 03.21839
  - **Public transport:** Yes
  - **Car Parking:** Yes
  - **Refreshments:** Yes
  - **Photos:** Ian Brown

---

**Key Points of Interest**

- Entirely country paths and Mature woodland
- Penicuik House, burnt down in 1899. The remaining structure has been stabilised.
- "Roman Bridge" also recently renovated