

**MIDLOTHIAN COUNCIL
MIDCARE SERVICE
TELECARE INFORMATION SHEET**

TELECARE & ASSISTIVE TECHNOLOGY

**This document is designed to inform you of the equipment and service
available within Midlothian**

**If you wish to make a referral, or need any further information or advice,
please contact the Social Work Contact Officers on:
0131 271 3900**

**If you wish to speak to one of the Telecare team, ask to be transferred to the
Community Alarm Co-ordinators**

LOCAL ALARM / PAGER FOR STAND-ALONE TELECARE

Care Assist

Local alarm/ pager, this is **required** for stand-alone telecare packages to alert on-site carer.

FALLS MANAGEMENT /RISK

Fall Detectors

There are different types of automatic fall detection sensors and the Telecare team will advise which one would be most suitable.

Bed Occupancy Sensor

Sensor pad used to monitor activity for overnight falls risk. This can be used if the person does not return to bed within set time it will send an automatic alert.

(PIR) Movement Sensor – INACTIVITY mode

INACTIVITY monitor used to look for activity. If it has not detected movement for long periods of time, it will send an automatic alert. Configured as required, however, set to be looking for activity during awake hours. The default time for sending an alert is 3 hours. Used for very high falls risk housebound normally and for those who would not know to press a pendant for assistance due to concerns over cognitive ability.

DOOR OR PROPERTY EXIT FOR WANDER RISK

Property Exit Sensor_ **Suitable for front or back door & used if there is a risk of someone 'wandering'**

REMINDER MESSAGE FROM ALARM UNIT

Voice Announcer/ Message Prompt – general / not medication prompt

Up to 6 voice reminder messages can be recorded onto the unit and played back at a given time. Various configuration options. This can be for reminding someone to take their medication or for a variety of reasons.

KITCHEN/ FIRE RISK / ENIRONMENTAL RISK

Note: the sensors in this section are normally ARC linked as a rule.

Smoke Detector

Recommended for service-user at high fire risk AND not able to cope with smoke detector activation on their own.

Extreme Temperature Detector – Rapid rise

Used to monitor for excessively high temperature – usually placed in the kitchen to monitor for cooker safety.

Carbon Monoxide Detector

Recommended if gas, coal, oil or wood burning appliance in property **AND/OR** no other CO detector in property **AND** service-user not able to cope with CO alarm activation on their own. Provides an immediate alert when dangerous CO emissions (the odourless gas) have been detected.

Natural Unlit Gas Detector

Provides a warning of high levels of unlit natural gas (the smelly gas) in the property. Recommended for service-user at high risk of leaving gas cooker or gas fire on **UNLIT**. You may not need this. Check cookers / fires before requesting as may not be required, since modern appliances should have their own integral cut off sensor already.

Flood Detector

Provides an early warning of potential flood situations. Can also detect small water leaks if near where the leak occurs i.e. washing machine leaking. These are usually placed in the kitchen and bathroom, but note they are not suitable for placing in a wet room

MEDICATION REMINDER TECHNOLOGY

Voice Message Reminder on Community Alarm – medication prompt

Up to 6 voice reminder messages can be recorded onto the unit and played back at a given time. Various configuration options. Times required must be clearly stated on the referral. An acknowledgement from the service user is required they have received the message by pressing a button on the alarm unit, and clear escalation instructions must be provided by the referrer if the person does not acknowledge they have received the message. Times and message information must be clearly requested on the referral form

OTHER TELECARE SENSORS AVAILABLE

Epilepsy Sensor

For tonic-clonic seizures only, check need with GP or Specialist Nurse. You must detail response protocol below if ARC linked. Please call the Telecare Team for advice if required.

Enuresis Sensor

For monitoring night time incontinence, usually to alert someone in same household.

Flashing Beacon +Vibrating Pager + Pillow Alert (DDA kit)

To alert 'hard of hearing', if a telecare sensor is activated, usually linked to smoke detector. Consider referral to Deaf Action or Fire Service for smoke detector for hearing impaired, if ARC monitoring is not necessary.

Bogus Caller Button

A 'silent' alarm, standard protocol is for police response to be actioned from Alarm receiving centre

PLEASE NOTE – THE EQUIPMENT LISTED MAY HAVE ACCEPTANCE CRITERIA AND THE PERSON BEING REFERRED WILL BE ASSESSED FOR THE EQUIPMENT NEEDED AND ADVISED WHAT IS APPROPRIATE AS PER THEIR NEED