

This is a referral service
For more information please contact our team on:
07703 972 100
or
07703 972 102





From the Classroom to the Community



In collaboration with our partners,
Young CATs nurtures and develops
the abilities of Midlothian young people
& school-leavers; supporting them to
grow as valued members of our
communities.



CAT

Young CATs

@ Vogrie and beyond!

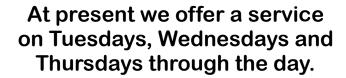


Community Access Team support adults with a learning disability in Midlothian

Vogrie

Hub

Activities



Building on The Keys To Life, **HEALTH** is a main focus for our activities.

A Typical Tuesday:

Preparing (and eating) a tasty lunch at Y2K **Computers and Pool** Fun exercise group with Jan

...and on Wednesdays:

Swimming and the Gym are on offer in the morning After lunch, country walks, gardening and woodwork skills

While on Thursdays:

New Age Curling and Ball-exercise, followed by a healthy lunch

We offer a relaxed and flexible service, very much geared to the wishes and needs of our service users. If you are aged between 17 and 24 come and join us!









