

National Risk Framework for Assessment of Children and Young People

Resilience Matrix : Analysis of Indicators.

(Using the information gathered in pages 2-5 please provide your analysis/summary)



Risk Indicators for:	Name:	Identifier :	
Resilience (Insert Indicators)	Adversity (Insert Indicators)	Vulnerability (Insert Indicators)	Protective factors (Insert Indicators)

What is the information telling me about the level of concern/risk? (Consider frequency, duration, severity, single or accumulative in nature - significance of factors in reaching a conclusion about the level of risk.)
What action is required ?



National Risk Framework for Assessment of Children and Young People

Resilience Matrix Indicators - Resilience

Resilience / Risk Indicators Particular to the Child (How I Grow and Develop) – The Child

Secure attachment to primary carer	
Positive self-esteem	
Ability to use adults for support and assistance	
Good communication skills	
Ability to deal with change	
Good problem solving skills	
Positive sense of belonging	
Positive sense of own identity	

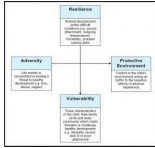
Resilience / Risk Indicators Particular to the Parent/Carer (What I Need from the People Who Look after Me)

Stable, nurturing caregiver	
Positive family structures and routines	
Stable family environment	
Parents have Good self-esteem	
Consistent quality of care	
Good communication within family	
Affectionate bonds within the family	
Reliable emotional support for child	
Good parental Supervision	

Resilience / Risk Indicators Particular Child Family and Wider World (My Wider World)

Supportive adults out with the family	
Parents suffering from poor mental health supported	
Good community resources (e.g. childcare)	
Child has cultural connections in community	
Wider family supports (eg. grandparents)	
Community combats racism/exclusion	

What is the information telling me about the level of concern/risk? (Consider frequency, duration, severity, single or accumulative in nature - significance of factors in reaching a conclusion about the level of risk.)



National Risk Framework for Assessment of Children and Young People Resilience Matrix Indicators – Adversity

Adversity Risk Indicators Particular to the Child (How I Grow and Develop)

No significant or primary attachment figure	
No clear boundaries or routines	
Child presenting with abusive behaviours	
Child's behaviour unstable or unpredictable	
Child displays poor coping strategies	
Victim of abuse/ neglect	
Experience of loss /rejection or bereavement	
Repeated changes of placement	
More than 4 children in the home	

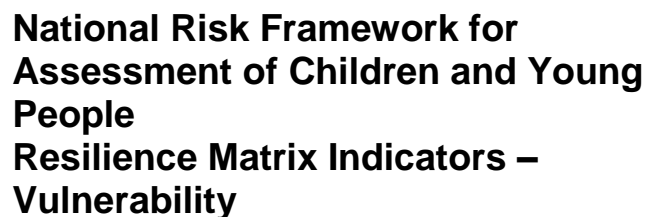
Adversity Risk Indicators Particular to the Parent/Carer (What I Need from the People Who Look after Me)

Evidence of unresolved childhood trauma	
Living in recurrent crisis	
History of substance misuse	
Isolated within culture/community	
Longstanding mental health problems	
History of criminal /offending behaviour	
History of violence/conflict	

Adversity Risk Indicators Particular to the Child's Family and Wider World (My Wider World)

History of concerns about wider family	
Unable/unwilling to overcome adversity	

What is the information telling me about the level of concern/risk? (Consider frequency, duration, severity, single or accumulative in nature - significance of factors in reaching a conclusion about the level of risk.)



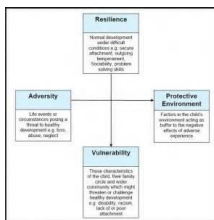
National Risk Framework for Assessment of Children and Young People Resilience Matrix Indicators – Vulnerability

Unwanted or unplanned pregnancy	
Difficult birth	
Born with substance withdrawal	
Child behaviour problems	
Child born at time of crisis	
Developmental impairment or disabilities	
Very young child	
Evidence of insecure attachments	
Child finds it hard to make and keep friends	
Child previously been abused or neglected	
Child resembles a hated partner or spouse	
Asylum seeking child	

Parental difficulties (eg. domestic abuse)	
Poor partner relationships/ multiple partners	
Single parent household	
Young parent under 21 years or immature	
Unrealistic expectations of the child	
History of offending	
Chaotic family situation	
Parent abused as a child	
Asylum seeking	

No access to community resources	
Subject to racism or other isolating factors	
Poor/unsuitable housing	
Homelessness	
Financial difficulties	
Residing detention centre/secure accommodation	
Family home overcrowded	
Lack of extended family support	
Poor support networks	
History of concerns about wider family	
Unable/unwilling to overcome adversity	

1. IDENTIFICATION	
NAME	
ADDRESS	
CITY	
STATE	
ZIP	
PHONE	
2. EMPLOYMENT HISTORY	
EMPLOYER	
POSITION	
DATE	
3. EDUCATION	
SCHOOL	
DEGREE	
DATE	
4. REFERENCES	
NAME	
ADDRESS	
CITY	
STATE	
ZIP	
PHONE	



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Resilience Matrix Indicators – Protective

Protective Indicators Particular to the Child (How I Grow and Develop)

Child is in good health	
Older child able to keep self-safe	
Outgoing personality	
Child demonstrates good self-control	
Bright/intelligent child	
Child has high self-esteem	
Child has positive relationships in their life	
Regular nursery or school attendance	
Involvement in out of school activities	
The child is aware and supports the Child's Plan	
Parents support the Child's Plan	

Protective Indicators Particular Parent/Carer (What I Need from the People who Look after Me)

Parent has good relationship with child	
Parent has a positive view of the child	
Parents understand the needs of the child	
Consistent caring, responsive to the needs of the child	
Demonstrates effective parenting	
Resilient and a good parental role model	
Demonstrates motivation to change	
Willing to receive help and accepts responsibility	

Adapted from Calder, McKinnon and Sneddon (2012)

Protective Indicators Particular Parent/Carer (What I Need from the People who Look after Me)

Capacity for change - shows insight/initiative	
Actively involved in planning work	
Open to feedback /advice/difficult conversations	
Good relationship with professionals	
Ability to manage behaviour appropriately	
Relatively few sources of stress	
Strong relationship with own parents/carers	
Mental health problems respond to treatment	
Overcome own childhood abuse	
Positive childhood experiences	
No previous history of abuse	

Protective Indicators Particular to the Child's Family and Wider World (My Wider World)

Supportive extended family	
Regular, positive contact with extended family	
Ability to access /use appropriate services	
Strong relationship with own parents	
Access to supportive networks	
Family settled in their home	
Family live in a safe and secure neighbourhood	
Access to resources (health, education etc)	
Sufficient income and good physical living standards	
No previous professional supports	

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