


# Community Hospital & Eskbank

February 2018 Issue 6



## Public Transport Guide

 includes cycling facilities

Your introduction to regular bus and train services from Midlothian, East Lothian and Edinburgh to Midlothian Community Hospital and Eskbank

In partnership with NHS Lothian



travelteam@midlothian.gov.uk  
www.midlothian.gov.uk

Destinations in and around Eskbank include Midlothian Community Hospital, Tesco Superstore and Edinburgh College's Midlothian Campus.

Eskbank is easy to get to by bus, with regular services to and from Edinburgh, East Lothian and the Borders, and cycling is easy with dedicated routes, many of which are part of the National Cycle Network.

This handy guide includes:

- Map showing bus services and stops, Eskbank Station and route of the Borders Railway, pedestrian and cycling routes, Midlothian Community Hospital, Edinburgh College and other main places of interest
- Bus service frequency guides and contact details for fares, bus times and other information
- Midlothian Community Hospital contact details
- Secure cycle rack facilities

This guide has been produced in partnership with NHS Lothian.

Buses serving Eskbank are run by



Contact them direct for details of bus fares, times and other information.



Cycling in Midlothian is easy with clearly signposted national cycle routes and traffic-free cycleways.

A map and other cycling information can be found at [www.midlothian.gov.uk/cycling](http://www.midlothian.gov.uk/cycling)

A detailed cycle map of Midlothian is published by SPOKES, an organisation which campaigns for better conditions for cyclists throughout the Lothians.

For more details, visit [www.spokes.org.uk](http://www.spokes.org.uk)



Direct rail links from Eskbank to Edinburgh and the Borders

Trains run every half hour Monday to Saturday daytime and hourly evenings and Sunday.

For timetable and fare details, visit [www.scotrail.co.uk](http://www.scotrail.co.uk)

This guide is published by the Resources Division of Midlothian Council, and is also available online.

You can find out more about public transport in Midlothian by contacting the team direct:

✉ Travel Team, 80B High Street  
Bonnyrigg EH19 2AE

☎ 0131 561 5466 or 0131 561 54677

✉ [travelteam@midlothian.gov.uk](mailto:travelteam@midlothian.gov.uk)  
[www.midlothian.gov.uk](http://www.midlothian.gov.uk)



Make it easier to plan a journey – contact us for bus, train, ferry and plane times across Scotland

Open 24 hours a day, 7 days a week

Calls cost 10p per minute from BT landlines, charges from mobile and other landlines may vary.

While we endeavour to ensure all information contained in this leaflet is correct (errors and omissions excepted), changes to any detail may be made without prior notice. We would advise anyone intending to visit this area to check bus service and other details before travelling. Community Hospital & Eskbank Leaflet, February 2018.



## Midlothian Community Hospital

Your local community hospital, opened in 2010, provides modern accommodation for the community with outpatient clinics and healthcare services.

Services offered by the Community Hospital include:

- Inpatient care for older people
- Dedicated physiotherapy and occupational therapy service
- Outpatient department for clinics, X-rays and child health clinics
- A range of other health services
- Lothian's GP Out-of-Hours service
- Reception and cafe

✉ 70 Eskbank Road, Bonnyrigg, Dalkeith EH22 3ND

☎ 0131 454 1001

🌐 [www.nhsllothian.scot.nhs.uk](http://www.nhsllothian.scot.nhs.uk)

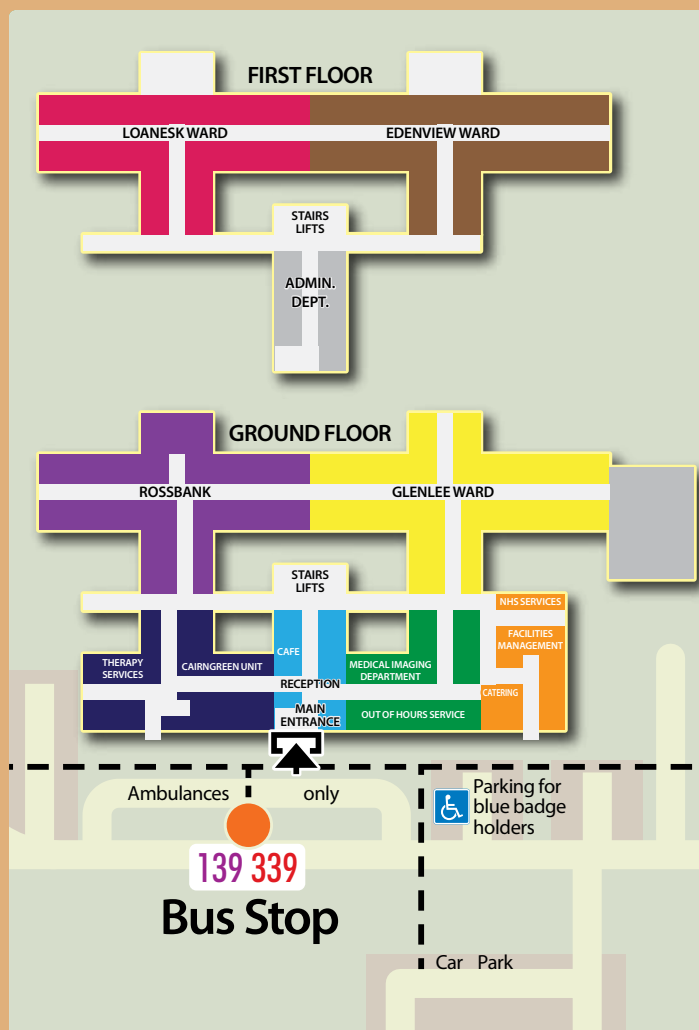
### Why not get involved?

Midlothian Health and Social Care Partnership aims to work with the public to improve our services, including those at Midlothian Community Hospital.

There are also volunteering opportunities within the hospital and with the hospital gardening project.

Contact 0131 271 3411, or email [catherine.evans@nhsllothian.scot.nhs.uk](mailto:catherine.evans@nhsllothian.scot.nhs.uk)

## Finding your way around



## Getting here by public transport



The map overleaf shows the main bus stops serving the hospital with frequency information for each route and contact details for each bus company, so you are able to find out departure times and fare details.

Service **139** runs every 30 minutes between the hospital's main entrance and Dalkeith, Woodburn and Thornybank on Monday to Saturday daytime. Service **339** runs every hour to Bonnyrigg, Newtongrange and Gorebridge.

The Community Hospital is served by the following bus services:

**139, 339** call at the main entrance to the hospital - the bus shelter is closer to the hospital entrance than the car parking areas.

**R1, R2, 49** and **140** call at the bus shelters on Eskbank Road. Access to the hospital from Eskbank Road is by way of two footpaths (one with steps, the other step-free). A pedestrian crossing on Eskbank Road makes it easy to cross the road to or from the Dalkeith-bound bus shelter.

**29** calls at Tesco Superstore which is linked to the hospital via the pedestrian and cycle path across the footbridge over the A7 (or catch the **139** or **339** from Tesco to the hospital or the **49** or **140** to Eskbank Road).

**N3** calls at the Muirpark bus stops on Eskbank Road.

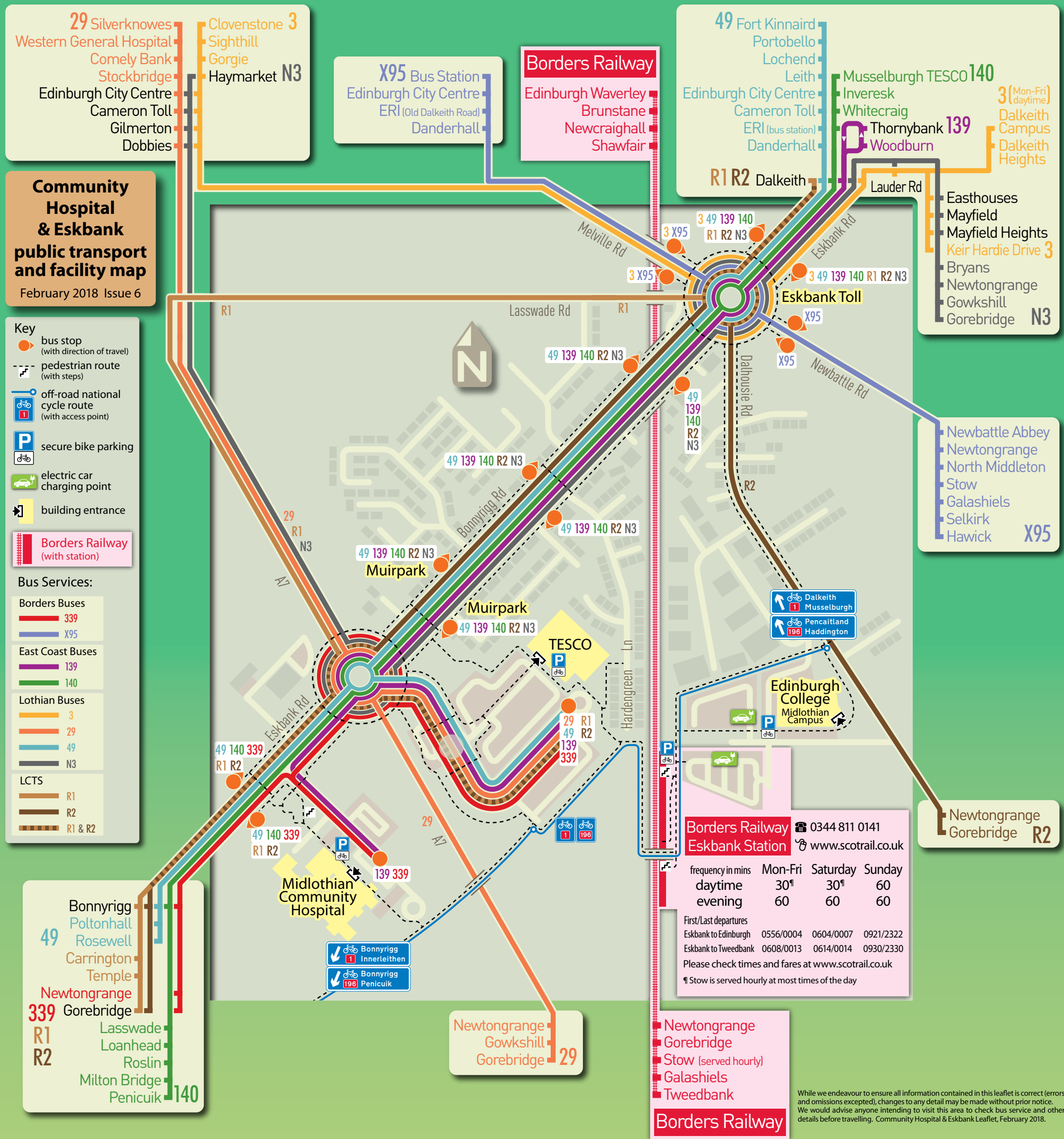
## Getting here on foot or by bike



Eskbank is a relatively flat area so walking and cycling to the Community Hospital is easy. The map overleaf shows the main pedestrian routes, and for cyclists, national cycle routes 1 and 196 run on the south side of the hospital site.







## Regular bus services to the Community Hospital and Eskbank are provided by Borders Buses, East Coast Buses, Lothian Buses and LCTS.

All of these buses are able to carry passengers in wheelchairs. Please contact each company for bus times, fares and other information.

**MCH** – Midlothian Community Hospital

### LCTS (Lothian Community Transport Services)

6b Newmills Road, Dalkeith, Midlothian, EH22 1DU  
0131 663 0176 www.lcts.org.uk

#### R1 Dalkeith - Eskbank - Temple - Gorebridge

Runs Thursdays only

1000 Dalkeith, 1010 Tesco, 1024 Carrington, 1029 Temple, 1036 Gorebridge, 1047 Bonnyrigg, 1103 Tesco, 1110 Dalkeith.

1240 Dalkeith, 1249 Tesco, 1300 Bonnyrigg, 1314 Gorebridge, 1324 Temple, 1329 Carrington, 1336 Bonnyrigg, 1343 Tesco, 1351 Dalkeith

#### R2 Dalkeith - Eskbank - Gorebridge

Runs Thursdays only

0921 Gorebridge, 0935 Bonnyrigg, 0946 Tesco, 0951 Dalkeith.

1120 Dalkeith, 1127 Tesco, 1132 Bonnyrigg, 1146 Gorebridge, continues to Gowkhill, Newtongrange, Lothianbridge, Dalkeith.

When daytime frequencies apply:

Mon-Fri 0700 to 1800  
Sat & Sun 1000 to 1800

Please check times with your local bus company

### Lothian Buses

55 Annandale Street, Edinburgh, EH7 4AZ

0131 555 6363 www.lothianbuses.co.uk

#### 3 Clovenstone - City Centre - Eskbank - Mayfield or Campus

frequency in mins	Mon-Fri	Saturday	Sunday
daytime	10 <sup>a</sup>	12	30
evening	30	30	30

<sup>a</sup> 2 buses an hour to Dalkeith Campus, the rest to Mayfield.

#### 29 Silverknowes - City Centre - Eskbank - Gorebridge

frequency in mins	Mon-Fri	Saturday	Sunday
daytime	30	30	30
evening	30	30	–

#### 49 Fort Kinnaird - City Centre - Eskbank - Rosewell

frequency in mins	Mon-Fri	Saturday	Sunday
daytime	20	20	30
evening	30	30	30

#### N3 Haymarket - City Centre - Eskbank - Dalkeith - Gorebridge

frequency in mins	Mon-Fri	Saturday	Sunday
night time	60	60	60

### East Coast Buses

Mall Avenue, Musselburgh, EH21 7DY

0131 555 6363 www.eastcoastbuses.co.uk

#### 139 Woodburn - Dalkeith - Eskbank - MCH

frequency in mins	Mon-Fri	Saturday	Sunday
daytime	30	30	–

#### 140 Musselburgh - Dalkeith - Eskbank - Roslin - Penicuik

frequency in mins	Mon-Fri	Saturday	Sunday
daytime	30	30	60 <sup>b</sup>
evening	60	60	60 <sup>b</sup>

<sup>b</sup> Sunday journeys run between Musselburgh and Roslin

### Borders Buses

1/3 Waverley Chambers, Galashiels Interchange, Stirling Street, Galashiels, TB1 1BW  
01896 754 350 www.bordersbuses.co.uk

#### 339 Eskbank - MCH - Bonnyrigg - Gorebridge

frequency in mins	Mon-Fri	Saturday	Sunday
daytime	60	60	–

#### X95 City Centre - Eskbank - Galashiels - Hawick

frequency in mins	Mon-Fri	Saturday	Sunday
daytime	60	60	60
evening	120	120	120