



## Sustainable travel information - PATHHEAD

### PUBLIC TRANSPORT (services and journey times)

#### **51/52 (Borders Buses)**

Edinburgh Bus Station (50min)

Newington (35min)

Cameron Toll (30min)

Royal Infirmary (25min)

Danderhall (20min)

Dalkeith town centre (12min)

Edgehead (3min)

 **PATHHEAD**

Lauder (30min)

Newtown St; Boswells (50min)

Kelso (1h10min)

or

Jedburgh (1h20min)

### WALKING AND CYCLING

Walking or cycling to work, school or local facilities are great ways to include physical activity in your daily routine. These are cheap and enjoyable ways of travelling over short distances. They can provide an effective alternative to other less sustainable modes of transport, helping you become more active and lead a healthier lifestyle.

#### Cycling times to/from Pathhead

Gorebridge (25min)

Mayfield (25min)

Dalkeith (35min)

Bonnyrigg (50min)

Musselburgh (50min)

Edinburgh South (1h)

Edinburgh SW (1h20min)

Edinburgh East (1h20min)

Edinburgh North (1h40min)

Edinburgh West (1h40min)