

# SINGLE MIDLOTHIAN PLAN

## 2021-22

The local outcomes improvement plan for Midlothian



**Midlothian**

**A Great Place to Grow**

## What is Community Planning?

Community Planning Partnerships (CPPs) are set up by law. They draw together public, voluntary and private sector organisations, along with local communities, to deliver a shared plan to improve the lives of local people.

## How does this happen?

Every year, the Midlothian CPP gathers evidence about Midlothian and its people. The result is known as the [Midlothian Profile](#), and is used by the CPP as the starting point for its annual “Strategic Assessment” of the area.

The [Strategic Assessment](#) involves reviewing the political, social, economic, technological, environmental, and legal changes facing the area. It describes the impact that these changes are likely to have on Midlothian’s communities.

The big ideas for areas of work that come from the Profile and the Strategic Assessment are then shared across a wide range of community groups, including neighbourhood planning groups and community councils. Discussions also take place with groups who help plan services for people facing certain issues - such as physical disability, learning disability, mental health issues, or caring for someone. These discussions also take place with older people and young people’s forums.

## Community Planning in Midlothian



The structure of the Midlothian CPP can be found on our [Community planning web pages](#) or visit the ‘Your Community’ pages at [www.midlothian.gov.uk](http://www.midlothian.gov.uk)

## About the plan

The Midlothian CPP carried out a review during 2019/20, resulting in updated priorities for the three financial years up to 2021/22. The top four priorities for Midlothian are to:

Reduce the gap in learning outcomes

Reduce the gap in health outcomes

Reduce the gap in economic circumstances

Achieve a Net Carbon Neutral Midlothian by 2030

In response to these four priorities, there are five themes of Community Planning, which aim to achieve the following outcomes:

### Theme 1 - Adult Health and Care

- People are able to look after and improve their own health and wellbeing and live in good health for longer
- People, including those with disabilities/long term conditions or who are frail, are able to live independently and in their own home, wherever possible
- Health and Social Care have contributed to reducing health inequalities
- Unpaid carers are supported to look after their own health and wellbeing

### Theme 2 - Community Safety and Justice

- Communities improve their understanding and participation in community justice
- Partners plan and deliver services in a more strategic and collaborative way
- People have better access to the services they require, including welfare, health and wellbeing, housing and employability
- Effective Interventions are delivered to prevent and reduce the risk of further offending
- Life chances are improved through needs, including health, financial inclusion, housing and safety being addressed
- People develop positive relationships and more opportunities to participate and contribute through education, employment and leisure activities
- Individuals' resilience and capacity for change and self-management are improved
- Fewer people are victims of crime, abuse or harm
- People feel safe in their neighbourhoods and homes
- Communities take a positive role in shaping their future

### Theme 3 - Getting it Right for Every Midlothian Child

All care experienced children and young people are being provided with quality services

Children in their early years and their families are being supported to be healthy, to learn and to be resilient

All Midlothian children and young people have access to timely and appropriate support

Children and young people are supported to be healthy, happy and reach their potential

Inequalities in learning outcomes have reduced

Child Poverty in Midlothian is reduced

## **Theme 4 - Improving Opportunities for the People of Midlothian**

Poverty levels in Midlothian are reduced

Health inequalities are reduced and the health of people in Midlothian is improved

The public is informed and engaged in service development and delivery

## **Theme 5 - Sustainable Growth**

The local economy is more productive and inclusive

Sustainable town centre regeneration is visible

Midlothian Science Zone has developed, benefitting the local economy and community

To be an 'earth friendly' partnership, resource aware and committed to working to support Scotland's net zero carbon ambition by 2045 (2030 in Midlothian)

More social housing has been provided, taking account of local demand, including specialist housing

Homelessness has reduced and people threatened with homelessness can access appropriate advice and support services

What we plan to do in 2021-22

## **Theme 1 - Adult Health and Social Care**

Reduce isolation - develop approaches to prevent or address isolation and reduce the detrimental impact on physical and mental health. This will involve working with voluntary organisations and local communities, and improving information on community resources.

Increase physical activity - by working with older people, people with disabilities and those at greatest risk of inequalities. Deliver Weight Management Programmes to help address and prevent obesity and type 2 diabetes. Work with Ageing Well to support older people. Work with Midlothian Council Active Choices to support people with longer term health needs, including mental health.

Develop the workforce – support teams to address workforce challenges, including recruitment and retention of health and social care staff. Deliver bespoke training plan for the cross sector Scottish Government trauma training programme. Increase skills and knowledge of the CPP workforce in Midlothian on suicide prevention.

Increase financial inclusion - work with Midlothian Financial inclusion Network to maximise incomes of people who are vulnerable or at particular risk of inequalities. Deliver Welfare Rights service to people with health and social care needs. Work with Red Cross to support people who are frail to access financial support available to them.

Reduce health inequalities – work in partnership with community pharmacies to increase the 12-week quit smoking rate through their services. Deliver a holistic health assessment to people undertaking Unpaid Work Programme. Contribute to Housing First for people with multiple and complex needs. Housing First recognises that a safe, secure home is the best base for recovery and for addressing any other life issues. Deliver specialist employment project for people with mental health issues.

Engage communities - work with Community Planning partners, in particular community and third sector partners, to identify opportunities for integrated working that supports people to stay healthy and independent. Work closely with local Libraries on the bibliotherapy programme, 'Braw Blether'.

Support people to live at home - train frontline staff on Housing Solutions to encourage earlier conversations about housing. Voluntary sector and Primary Care collaborations to support people identified with mild frailty in order that they are able to stay well at home for longer. Deliver support for carers that is personalised and builds on people's strengths and what matters to them.

## **Theme 2 - Community Safety and Justice**

Community Safety Priority 1: Reduce violent crime. Work with partner agencies to prevent violent behaviour, manage violent offenders and develop a programme of interventions to reduce levels of violent crime.

Community Safety Priority 2: Reduce substance (drug and alcohol) misuse. Undertake a range of communication and engagement activity regarding responsible alcohol consumption. Develop substance misuse services to reduce immediate harm, future harm and promote recovery.

Community Safety Priority 3: Reduce domestic abuse and protect women and girls. Raise awareness of Violence against Women and Girls (VAWG) with services and communities. Set up a Pathway group between Community Justice Partners and VAWG group to deliver the 'Equally Safe' national priority - 'Men desist from all forms of VAWG and perpetrators of such violent receive a robust and effective response'.

Community Safety Priority 4: Road safety. Educate people about speeding, drink driving and parking responsibly.

Community Justice Outcome 1: Communities improve their understanding and participation in community justice. Engage with local communities and business through social media to supply good news stories about Community Placement Orders and unpaid work beneficiaries. Plan and deliver a seven day period of community justice mass advertising campaign focusing on case studies. Highlight the link between education /training /employment, health inequalities, substance misuse, housing, positive attitudes, relationships and involvement in offending. Set up a standalone input on community justice in the quarterly Midlothian Health and Social Care Partnership Newsletter. Publish a Community Justice E-learning toolkit for all Council staff. Redesign and develop measurable outcomes for beneficiaries of Unpaid Work Projects, and market online application form for unpaid work. Review and renew the Communication Action Plan for 2021-2023.

Community Justice Outcome 2: Partners plan and deliver services in a more strategic and collaborative way. Participate in self-evaluation using the Care Inspectorate template. Develop a shared vision for all partners. Review membership and operation of Community Justice Board and Working Group. Develop the Alcohol Problem Solving Court in Midlothian building on working relationship between health, Justice Services and third sector agencies. Encourage Midlothian Community Justice partners to support the Y2K 180 Project by delivering relevant input.

Community Justice Outcome 3: People have better access to the services they require, including welfare, health and wellbeing, housing and employability. Launch database of services for Midlothian to raise awareness and understanding of the range of community-based services that are available. Publish a free booklet – 'Community Justice Directory for Midlothian'. Implement 'Housing First' in Midlothian. Build stronger links with the Department of Work and Pensions, Welfare Rights and Skills Development Scotland and ensure better access to their services by creating drop-in clinics at Number 11 (St Andrew Street Dalkeith). Continue the No 11 Practitioners Forum and

develop a shared work protocol. Create and develop an automatic referral process to third sector support agencies with a focus on males aged 18-26 with mental health and substance misuse issues (who are on Community Placement Orders) .Develop the Fresh Start worker's role within the wider justice context.

Community Justice Outcome 4: Effective Interventions are delivered to prevent and reduce the risk of further offending. Redesign exit questionnaires for all individuals on Community Payback Orders to gain feedback on the service delivery of the justice team.

Community Justice Outcome 5: Life chances are improved through needs, including health, financial inclusion, housing and safety being addressed. Develop new ways to engage with and support younger people in substance misuse treatment services. Increase the range of substance misuse treatment and recovery interventions available for individuals and their families delivered through Number 11. Develop the role of peer workers, volunteers and other MELDAP services within Number 11.

Community Justice Outcome 6: People develop positive relationships and more opportunities to participate and contribute through education, employment and leisure activities. Implement the programme designed by Recruit with Conviction. Use Midsafe money to fund a youth project with specifics around supporting parents and family relationships.

Community Justice Outcome 7: Individual's resilience and capacity for change and self-management are enhanced. Develop the SPRING service (for women). Specifically develop 'Stepping Stones' and the 'Next Steps' phase of SPRING. Review and develop the structured programme Stepping Stones to incorporate elements of Cognitive Behaviour Therapy and Decider skills, in partnership with psychological therapies.

### **Theme 3 - Getting it Right for Every Midlothian Child (GIRFEMC)**

Increase support to children and young people affected by domestic abuse, parental alcohol or drug misuse. Increase the proportion of children and young people who feel safe in their homes, communities, and schools and online. Scottish Children's Reporter Authority will contribute to the proportion of children and young people who feel safe in their homes, communities, and schools and online. The GIRFEMC board will respond to feedback from children and young people, Midlothian youth platform, Pupil Councils and Care Experienced Young People (CEYP).

Increase the level of services supporting mental health. Increase the level of supports available to children and young people who require help to overcome trauma. Introduce additional earlier, community-level mental health supports. Pilot and evaluate a single mental health referral pathway in Penicuik. Identify and undertake earlier interventions that respond to the needs of individuals and reduce the numbers of 'inappropriate' referrals to Child and Adolescent Mental Health Services.

Reduce the proportion of children and young people living in households affected by poverty Children and Families Social work will contribute to reducing the proportion of children and young people living in households affected by poverty through increasing the number of young carers we currently support. Provide comprehensive support to families to maximise their income, increase their skills and access sustainable employment.

Reduce the educational attainment gap

Reduce the time taken to find permanent placements for children and young people looked after away from home. Monitor and review the Corporate Parenting action plan. Reduce or maintain the length of time it takes to find permanent placements for children and young people looked after away from home. Monitor and evaluate the Permanence and Care Excellence programme. Review the number of teenage pregnancies in CEYP population.

## **Theme 4 - Improving Opportunities for the People of Midlothian**

The number of children living in poverty is reduced. Provide comprehensive support to families to maximise their income, increase their skills and access sustainable employment. Reduce food insecurity and fuel poverty.

Participation measures for young people over 16 increase. Foundation apprenticeships offered by Midlothian Council.

Increased number of Edinburgh College places made available to Midlothian residents. Edinburgh College and partners (Council / DYW/ SDS) will engage in high profile marketing and communications recruitment activities to target school leavers, and those who are unemployed. Social media channels to be utilised more widely. Ensure that transitional support is offered to young people in S4, 5, 6 who are at risk of leaving school without a destination.

Increase the number of adults in employment and qualification levels of adults in Midlothian. Improve qualification levels for adults at levels SVQ1 and 4 and sustain qualifications levels at SVQ2 and 3. City Deal Integrated Regional Employment Strategy (IRES) programmes offered in Midlothian. Reduce the number of adults aged 16 to 64 economically inactive in Midlothian. Reduce the number of women claiming out of work benefits in Midlothian. Support adults into employment through partnership working. Support adults into further and higher education through partnership working.

Community Learning and Development (CLD) Regulations are reviewed and new plan is agreed to meet statutory requirements. Review existing and produce new plan for 2021-24. Ensure equalities groups and representative bodies have their voice heard in its development, subject to Covid restrictions.

Increase opportunities for Midlothian residents to be digitally included. Increase access to digital learning opportunities across partners.

Third Sector organisations and volunteers have improved skills, resources, and knowledge to achieve positive change. Deliver one-to-one business support, information and training to around 300 third sector organisations and individuals every year. Deliver an annual TSI training programme, of 10 training events. Collaborate with Midlothian Council to deliver the 1-year actions in the revised Midlothian Third Sector Compact.

Health inequalities for people in Midlothian are reduced. Deliver actions to contribute to the whole system approach to type 2 diabetes prevention in Midlothian. Provide capacity building support to the Midlothian workforce to develop a prevention confident staff. Increase the number of direct opportunities for volunteering in the Health and Social Care Partnership.

## **Theme 5 - Sustainable Growth**

Maximise opportunities for inward investment and funding to the area. Develop the Inward Investment Prospectus. Launch Inward Investment prospectus with video promotion. Work with network of partners to promote opportunities and provide support.

Work with Midlothian employers to understand skills needs and provide local employment opportunities. Promote local employment opportunities. Provide PACE redundancy support. Deliver Self Employment awareness sessions.

Place based economic development approach to support the regeneration of town centres and communities. Develop strategy for pilot community enterprise project and deliver (funding dependent). Future Dalkeith recommendations – phase 2 project. Stimulate interest in Social Enterprises as a business model. Support the delivery of Town Centre Capital Fund phases 1 & 2.

Drive forward inclusive economic growth by working in partnership with stakeholders, and ensure business community benefits in the supply chain to maximise opportunities for local people. Local procurement strategy implementation. Provide business support. Maximise opportunities to support recovery in the tourism sector.

## **Housing and homelessness**

More social housing has been provided taking account of local demand, including specialist housing.

Homelessness has reduced and people threatened with homelessness can access appropriate advice and support services.

Review housing options booklet and replace with a series of shorter fact sheets.

The council's affordable housing programme will achieve net zero carbon emissions by 2030.

Deliver leaving home education programme in all secondary schools.

Raise awareness of energy saving or fuel poverty advice and assistance schemes across all housing tenures.

In partnership between the Council, Registered Social Landlords and private developers, deliver 200 new affordable homes. Review current Housing Options provision and replace with a series of shorter fact sheets. Deliver "Leaving Home" education programme in schools. Raise awareness of energy saving or fuel poverty advice and assistance schemes. Undertake review of the affordable housing specification design guide taking account of Midlothian's ambition to achieve net zero carbon emissions by 2030.

## **Climate Emergency**

Identify a standardised method to be used by all CPP partners to measure carbon emissions from all sectors of Midlothian in order to maintain a consistent approach to quantifying Midlothian's emissions, estimating the emissions from particular activities, and calculating the emissions reductions deliverable by specific mitigation projects. Review the range of extant carbon calculation methodologies and tools in use in government, academia and the private sector. Agree on the most appropriate methodology/tool to use, consistent with national/local government/public body best practice. Publicise the availability and use of the methodology/tool and provide online guidance on how to use it.

Work with partners to promote '20 minute neighbourhoods' that are less reliant on commuting for work, education, shopping and services and where services are accessible by foot, wheel or public transport. Promote the principles of the '20 minute neighbourhood' concept, as set out in the Scottish Government Position Statement on NPF4, November 2020, within all partner organisations. Work with housing developers to maximise opportunities for land and buildings are set aside in new developments for use by retail and other local service providers. Work with local shop owners and service providers to identify opportunities for new local premises and outlets to serve currently unmet need. Work to producing a directory highlighting Midlothian produce and how/where it can be obtained. Work with Midlothian employers to identify measures to facilitate local employment, reduce the amount and distance of commuting and maximise use of walking, cycling and public transport to travel to work.

Work with community groups and organisations to establish an ongoing Midlothian wide programme of awareness of climate change and the practical measures that can be taken by individuals and communities to help deliver the Midlothian Carbon Net Zero by 2030 target and mitigate the effects of the climate emergency. Promote climate emergency issues through a programme of engagement activities, including a sustained social media presence and investigation of setting Climate Emergency Hubs. Compile exemplars of climate emergency related projects, for wider circulation, that can prompt action and involvement. Development of locally-owned climate emergency projects. Learn from other projects and Community Planning Partnerships on best practice on Net Zero and housing. Work with Midlothian Council education services to establish what role climate emergency has in the school curriculum and activities. Identify if there are events that schools/children could become involved in. Cover all climate emergency, travel, emissions, biodiversity, and use of resources. Ensure that young people (esp. early years / primary / secondary) are supported to contribute to conversations and planning to support initiatives with the improvement of carbon reduction.



Work with the Council's Energy Services Company and other partners to expand the use of district heating systems and renewable energy sources to replace domestic gas boilers, including community-owned schemes

Work with SP Energy Networks and other partners to identify and remove grid capacity bottlenecks in Midlothian that hinder roll-out of renewable technologies.

Work with the Council's Energy Services Company and other partners to identify potential sites for renewable energy generation, including community-owned schemes. Work with owners/operators of current renewable energy projects to explore potential for expansion into surrounding new housing projects. Explore the possibilities for a council/private housing developer joint venture showcasing zero-carbon housing. Explore developing a plan for decarbonising the electricity and hot water output from the Millerhill Energy from waste plant. Explore developing a plan for extending district heating beyond Shawfair. Build on experience elsewhere in Scotland to develop Midlothian-based projects for retrofitting of renewable heat systems in existing gas-heated domestic properties. Review electricity grid capacity across Midlothian and assess its ability to handle predicted growth in electric vehicles, electric heating etc. Identify bottlenecks and engage with relevant bodies to invest in upgrades. Identify potential sites on council and other partners' land for renewable energy generation including solar, wind and ground-source heat pumps. Explore potential for community-owned schemes joint ventures and joint ventures between public, private and community sectors.

Build on the actions in the Midlothian Local Biodiversity Action Plan 2019-2024 to ensure that Midlothian adopts a holistic approach to the environment, aimed at increasing biodiversity and reducing carbon emissions. Work with schools on biodiversity projects in their local areas, including on establishment of B-line projects. Take forward community driven citizen science projects and keep people connected to nature. Investigate potential locations and interested parties in taking forward a community woodland including "Tiny Forest" proposals, or managed open space. Promote wildlife corridors that connect urban and rural areas and across local authority areas. Promote local food growing.

Place the Climate Emergency and Midlothian Council's Climate Emergency Declaration at the centre of the replacement Midlothian Local Development Plan, and its development strategy and policies, so that the new plan facilitates promotion of carbon neutral development, mitigation of, and adaptation to, the effects of the climate emergency. Review best practice in Scotland/elsewhere for embedding climate change mitigation/emissions reduction in planning policy. Develop a measurable and verifiable plan for LDP2 to support delivery of Net Zero by 2030. Investigate possibilities for peer review of the climate emergency credentials of the next Midlothian Local Development Plan. Investigate policy mechanisms for carbon off-setting requirements for new development in Midlothian.

Produce a quantified plan for reducing transport emissions in Midlothian to Net Zero through reductions in the demand for travel; localisation of travel patterns through the '20 minute neighbourhood' concept; modal shift from private cars to public transport and active travel; and decarbonisation of remaining road traffic. Investigate potential for Bus Partnership Projects in Midlothian to get bus routes in place at the start of a new development before car based travel patterns form or are exacerbated. Reduce the need to travel into Edinburgh or other areas – improve employment, training and educational opportunities in Midlothian by increasing or promoting local provisions. Promotion of A720 Orbital Bus route projects and consideration of tram extensions to Midlothian. Review HGV/LGV movements within Midlothian with the aim of limiting their number. This should look at potential models for freight consolidation services within the county in order to provide a service to businesses and reduce the numbers of vans and HGVs throughout Midlothian. Work with car dealers, approved EV charger installers, Energy Saving Trust etc. to establish a 'one stop shop' for EV buyers in Midlothian to improve uptake and make the process of buying an EV and establishing the charging infrastructure seamless and smooth. Work with communities and regional transport partners to investigate support for production of an updated Local Transport Strategy with reducing the demand for travel and reducing transport emissions at its heart.

## Neighbourhood Plans

All sixteen community council areas have their own local profile. From these, local residents and CPP partners have identified actions they want to work on together to improve what it is like to live in each community. These can be found at [Neighbourhood Plans & Profiles](#) on the council website at [www.midlothian.gov.uk](http://www.midlothian.gov.uk) Three priority areas: Mayfield/Easthouses, Dalkeith/Woodburn, and Gorebridge must publish their local plans as the Community Empowerment Act requires. These local plans can also be found at [Community planning web pages](#).

## Equalities

The Community Planning Partnership must make sure the Equality Act duties are met. The impact assessment of this plan is published on the Community Planning pages of the Council website at [www.midlothian.gov.uk](http://www.midlothian.gov.uk). Actions that are intended to reduce inequalities affecting 'protected characteristics' groups are:

### Getting it Right for Every Midlothian Child

Engage children, young people, parents/carers and families in genuine participation, together co-designing a better mental health support system

Continue to build confidence and knowledge in trusted adults through delivering training in Mental Health First Aid and raising awareness of tools that support good mental health

Contribute to working with young people affected by domestic abuse, parental alcohol or drug misuse

Contribute to the proportion of children and young people who feel safe in their homes, communities, schools and online

Contribute to reducing the proportion of children and young people living in households affected by poverty through increasing the number of young carers we currently support

Provide comprehensive support to families to maximise their income, increase their skills and access sustainable employment

Reduce or maintain the length of time it takes to find permanent placements for children and young people looked after away from home

Monitor and evaluate the Permanence and Care Excellence (PACE) programme

Monitor and review the corporate parenting action plan

### Improving Opportunities for People of Midlothian

Provide comprehensive support to families to maximise their income, increase their skills and access sustainable employment

Reduce food insecurity and fuel poverty

Reduce the number of children living in poverty in Midlothian

Ensure that transitional support is offered to young people in S4, 5, 6 who are at risk of leaving school without a positive destination

Improve qualification levels for adults at levels SVQ1 and 4 and sustain qualifications levels at SVQ 2, 3

Reduce the number of women claiming out of work benefits in Midlothian

Ensure equalities groups and representative bodies have their voice heard in the development of the plan subject to Covid restrictions

Increase access to digital learning opportunities across partners

## Adult Health and Social Care

### Older People (65+)

- Work in partnership with Red Cross and GPs to support frail people.
- Train more Ageing Well volunteers and provide a wider range of activities.
- Strengthen systems to reduce numbers of people being delayed in hospital e.g. Flow hub.

### Mental Health

- Reshape community based mental health support and services.
- Review programme to improve access to psychological therapy.

### Physical Disability

- Contribute to the re-provision of Astley Ainslie Hospital including strengthening community based services.
- Continue to strengthen the provision and accessibility of information about services and supports.

### Learning Disability and Autism

- Build on the creative new approaches to day service design and the more individualised and community based models of support that have developed in response to COVID.
- Build 8 flats in Bonnyrigg and renovate Primrose Lodge in Loanhead for three people with Profound and Multiple Learning Disability and additional respite for two people.
- Trial Principles into Practice, a draft framework that offers practical guidance and evaluation measures to improve the planning and delivery of support for young people (14-25) who require additional support as they make the transition to young adult life
- Update 'Autism Supports' the interactive guide to autism support and services

### Justice Service

- Providing people on Community Payback Orders with recognised qualifications through Unpaid Work staff becoming registered trainers.
- Run a Caledonian group work programme in Midlothian for men from Midlothian, East Lothian and the Scottish Borders

### Substance Misuse

- Work with partners to promote evidence based educational interventions for young people including "Problematic Risk Taking Document" and Core Messages resources
- Recruit an additional peer worker to increase the role in treatment and support services of people with lived experience.

## Sustainable Growth

Reduce the need to travel into Edinburgh or other areas – improve employment, training and educational opportunities in Midlothian by increasing or promoting local provisions

Promotion of A720 Orbital Bus route projects and consideration of tram extensions to Midlothian

Promote local food growing

Ensure that young people (esp. early years / primary / secondary) are supported to contribute to conversations and planning to support initiatives with the improvement of carbon reduction

Work with Midlothian employers to identify measures to facilitate local employment, reduce the amount and distance of commuting and maximise use of walking, cycling and public transport to travel to work

Promote the principles of the '20 minute neighbourhood' concept, as set out in the Scottish Government Position Statement on NPF4, November 2020, within all partner organisations

## Safer Communities

Use Midsafe money to fund a youth project with specifics around educating parents and family relationships.

Work with partner agencies to prevent violent behaviour, manage violent offenders and develop a programme of interventions to reduce levels of violent crime

Raise awareness of Violence against Women and Girls with services and communities

Implement Equally Safe Priority 4 'Men desist from all forms of VAWG and perpetrators of such violent receive a robust and effective response'

Develop new ways to engage with and support younger people in substance misuse treatment services.

Develop the SPRING service (for women). Specifically develop 'Stepping Stones' and the 'Next Steps' phase of SPRING.

Review and develop the structured programme Stepping Stones to incorporate elements of Cognitive Behaviour Therapy and Decider skills, in partnership with psychological therapies.

## Communicating With You

We are happy to translate on request and provide information and publications in other formats, including Braille, tape or large print.

如有需要我們樂意提供翻譯本，和其他版本的資訊與刊物，包括盲人點字、錄音帶或大字體。

Zapewnimy tłumaczenie na żądanie oraz dostarczymy informacje i publikacje w innych formatach, w tym Braillem, na kasecie magnetofonowej lub dużym drukiem.

ਅਸੀਂ ਮੰਗ ਕਰਨ ਤੇ ਖੁਸ਼ੀ ਨਾਲ ਅਨੁਵਾਦ ਅਤੇ ਜਾਣਕਾਰੀ ਤੇ ਹੋਰ ਰੂਪਾਂ ਵਿੱਚ ਪ੍ਰਕਾਸ਼ਨ ਪ੍ਰਦਾਨ ਕਰਾਂਗੇ, ਜਿਨ੍ਹਾਂ ਵਿੱਚ ਬਰੇਲ, ਟੇਪ ਜਾਂ ਵੱਡੀ ਛਪਾਈ ਸ਼ਾਮਲ ਹਨ।

Körler için kabartma yazılar, kaset ve büyük nüshalar da dahil olmak üzere, istenilen bilgileri sağlamak ve tercüme etmekten memnuniyet duyarız.

اگر آپ چاہیں تو ہم خوشی سے آپ کو ترجمہ فراہم کر سکتے ہیں اور معلومات اور دستاویزات دیگر شکلوں میں مثلاً بریل (تایینا افراد کے لیے ابھرے ہوئے حروف کی لکھائی) میں، ٹیپ پر یا بڑے حروف کی لکھائی میں فراہم کر سکتے ہیں۔

**Contact 0131 270 7500 or  
email: [enquiries@midlothian.gov.uk](mailto:enquiries@midlothian.gov.uk)**