

# Loanhead Leisure Centre

Swimming Pool Programme  
Tel: 0131 444 9033



	06:30	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00			
Monday	♦♦ 2 Lanes					Aqua Aerobics 10:45 - 11:45 Jenny	♦♦ 2 Lanes				Pre School 15:30-16:00	Junior & Pre-school Lessons 16:10 - 18:00		♦♦ 2 Lanes	DUNEDIN Swim Club 19:30 - 21:00 (Maintenance on cancelled dates)			
Public Swimming 06:30 - 16:00																		
Tuesday	♦♦ 2 Lanes					♦♦ 2 Lanes		Adult & Child Classes 13:40 - 14:10, 14:20 - 14:50, 15:00 -15:30				Junior & Pre-school Lessons 16:10 - 18:00		Rookie 18:10 - 19:10	♦♦ 2 Lanes			
Public Swimming 06:30 - 16:00																		
Public Swim 18:10-20:50																		
Wednesday	♦♦ 2 Lanes					Aqua Aerobics 10:45 - 11:45 Jenny	♦♦ 2 Lanes				Pre School 15:30-16:00	Junior & Pre-school Lessons 16:10 - 18:00		♦♦ 2 Lanes	DUNEDIN Swim Club 20:00 - 21:00 (Maintenance on cancelled dates)			
Public Swimming 06:30 - 16:00																		
Public Swim 18:10 -19:45																		
Thursday	♦♦ 2 Lanes					Pre-school 10:00-11:10	Aqua Therapy 11:15 - 12:00 (MAC)	Sensory Swim - 13:00 12:10	* Please see note below 13:00 - 15:30		Public swim 15:30 - 17:30		A & C 17:30 - 18:00	Loanhead Dolphins 18:00 - 20:00		POOL CLOSED 20:00		
Public Swimming 06:30 - 13:00 (Deep end only when Aqua Therapy on)																		
Friday	♦♦ 2 Lanes				SCHOOLS 09:00 - 12:15 (Public Swimming during school holiday times)			♦♦ 2 Lanes						Sensory Swim 18:50 - 19:50		Pool CLOSED 19:50 Centre Closed 20:00		
Public Swimming 06:30-08:45																		
Public Swimming 12:15 - 19:50 (public swim available during 18:50 - 19:50 Sensory session).																		
Saturday	CENTRE OPENS 09:00			Public Swimming 09:00 - 15:45								Available for Pool Parties 16:00 - 17:00	Closed 17:00 Staff Training or Maintenance *	CENTRE CLOSED 18:00				
Sunday	CENTRE OPENS 09:00			Public Swimming 09:00 - 17:00									Pool Closed 17:00 CENTRE CLOSED 18:00					
	06:30	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00			
Timetable Issued: 16/02/24 Issue 3					Please Contact Reception for Public Swimming Availability											Charges:	Adult	Conc.
OPEN TO PUBLIC	SWIM LESSONS	PRIVATE LETS	POOL PARTIES	* Deep End + Toddlers Pool available during Aqua Aerobics (20 People Max)	Sensory Swim Sessions 11:15 - 12:15 Thursday and Friday 18:50 - 19:50. A Quiet time for individuals sensitive to noise. No Music or Hairdryers. Announcements and Radio calls kept to a minimum.			* Due to ESSENTIAL STAFF TRAINING. Pool & Hydro closed 2nd Thursday of each month 13:00-15:30. Pool & Hydro closed last Saturday of each month at 15:45.			Please note last entry times for both Pool and Hydro is 1 hour before close including before Swim Lessons and Private Lets. <i>An exception to this will be a Saturday afternoon, last entry will be 15:00 for a 45 minutes session .</i>					Swimming	£ 4.80	£ 2.50
CLOSED TO PUBLIC					On A Thursday the Sensory session overlaps with Aqua Therapy (12:00 - 13:00) for 15 minutes. (MAC Aqua 12:15-13:00)			Pool party participants will only be able to gain entry to the Changing rooms 5 minutes before the party start time.			For further information please contact reception.					Health Suite	£ 7.70	£ 4.40
																Aqua Classes	£ 6.00	£ 4.10
														Family Swim	£ 13.20			