

Peep Newsletter Autumn 2021

Welcome to the autumn edition of our Newsletter, we will use this to keep you up to date with what's happening at Peep, sharing best practice and celebrating success.

Our Peep group leaders Kirsty Richardson, Louise McFarlane, Colette Pye, Claire Philip, Jennifer Henderson and Sarah O'Flaherty look forward to welcoming you back to our groups with the support of Sharyn Mckenzie early years officer. Farewell to Kirsty McDonald who has moved onto her new role supporting Peep at Dumfries and Galloway Council. It's been lovely watching Kirsty grow in her role beginning as a parent attending Peep then progressing through the Peep progression pathway, finally becoming a Peep practitioner. We wish her the best of luck



Peep Update

It's certainly been a busy time here at Peep. Initially due to the onset of the Covid-19 pandemic groups moved to a virtual platform to try and keep some normality for our families that attend Peep. We are now delighted to be able to meet socially distanced throughout Midlothian in outside spaces. Currently there are 23 Peep groups running weekly one of these being a Peep to be group(for families expecting a baby) and another being the 12 week Peep progression pathway course with a total of 156 families registered for groups this term.



*****All Peep groups are now bookable directly via eventbrite: [Peep Midlothian Eventbrite](#)**

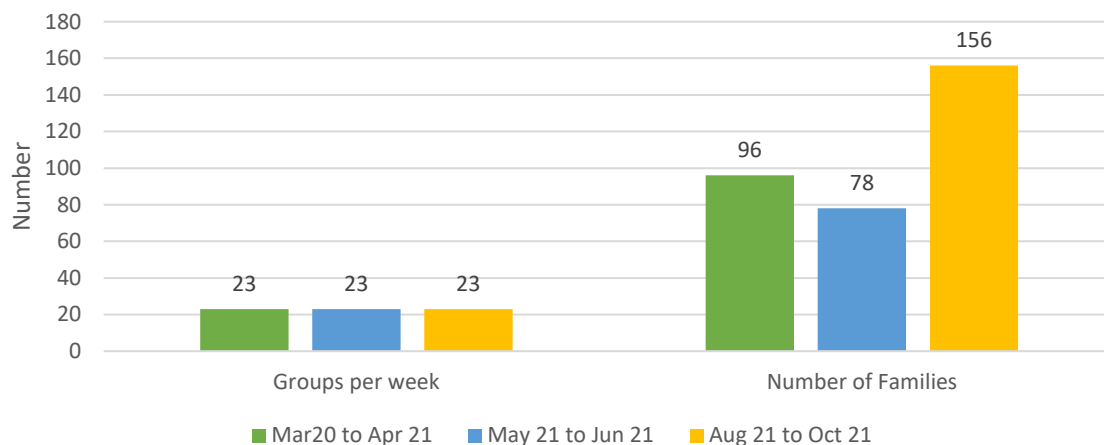
Over the last year we have been really proud of the continued commitment our Peep leaders showed in providing virtual Peep groups from March 2020 until April 2021. We are excited to be back face to face with our families since May 2021 providing outdoor groups. From the graph below you can see the uptake of Peep groups has increased for Midlothian families, something we are excited about here at Peep!

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Peep Attendance



Coronavirus update

Following the latest advice from the Government and the local authority, with the health and well-being of our families in mind we are delighted to be able to reinstate Peep groups in outdoor spaces throughout Midlothian. We are following current guidance and capping our groups to 15 households including the Peep leader.

Peep Learning together programme training for Practitioners

These sessions will be offered virtually via zoom

9th/16th/23rd/30th of November 2021 4pm- 7:15pm

Delegates must attend all 4 sessions

Email sharyn.mckenzie@midlothian.gov.uk to book a space.

Feedback from our families

"It's been great to get back to face to face Peep again, my son and I have loved joining the group outdoors. It helps us feel we have a bit more normality in our days"

Things to do at home

Read to your child. It is never too early to start; your child will love the sound of your voice. Try to set aside some time most days.

Cuddle, Kiss & make lots of eye contact with your child.

Sing songs & rhymes together often.

Baby club have a look– <https://www.bbc.co.uk/cbeebies/shows/the-baby-club>

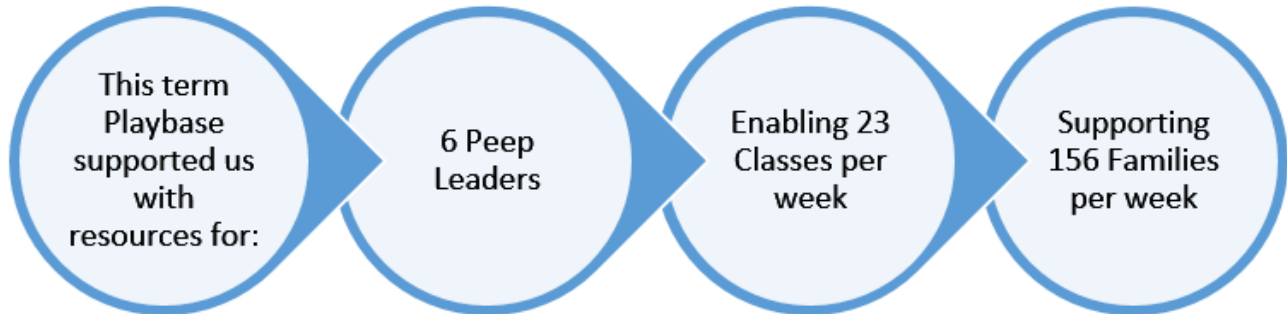
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Playbase

A special thanks this term goes to Playbase who support the Midlothian Peep team by provide engaging and educational resources allowing the Peep leaders to provide the best support to our families.



Did you know all local authority settings benefit from a Playbase membership paid for by Midlothian ELC?

Peep Enquiries

Please direct all Peep enquiries to the website: [Peep Midlothian](#)

Families can join Peep groups directly via eventbrite [Peep Midlothian Eventbrite](#)

Email Sarah: peepenquiries@midlothian.gov.uk

"Play is the highest form of research." - Albert Einstein