

Week 1 - Secondary

<u>LUNCH SERVICE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)
MAIN DISH (1)	Macaroni Cheese Broccoli (V)	Bean & Quorn Hot Pot Peas (V)	Mince & Tatties Turnip	BBQ Chicken & Savoury Rice
MAIN DISH (2)	Bubble Coated Salmon Sautéed Potatoes Broccoli	Quorn Meatballs Baby Potatoes Peas & Gravy (V)	Vegetarian Haggis Neep's Tatties (V)	Vegetable Crumble Baby Potatoes (V)
DESSERT (Mixed Fruit Bowl Available Daily)	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots
<u>Grab & Go</u> <u>All Offered with a portion of salad or vegetables</u>	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches & Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes
<u>Homemade Pot Meals</u> <u>All Offered with a portion of salad or vegetables</u>	Cook Choice	Cooks Choice	Cooks Choice	Cooks Choice

Secondary

	MONDAY - FRIDAY		FRIDAY LUNCH	
BREAKFAST SERVICE	<p>Daily changing selection including Hot Filled Rolls : sausage, potato scone, scrambled egg, toast, hash browns Cereals Fresh fruit Bagels English Muffins</p>		<p><u>Week 1</u> Milk or Water Piece of Fruit (80g Min) Veg salad/bag (160g Min) Panini Selection Home Baking</p>	
MORNING BREAK	<p>Daily changing selection including Hot Filled Rolls : sausage, potato scone, scrambled egg, toast, hash browns Cereals Fresh fruit Bagels Cooks selection of Home Baking</p>		<p><u>Week 2</u> Milk or Water Piece of Fruit (80g Min) Veg salad/bag (160g Min) Filled Wholemeal Roll OR Tomato Pasta Fruit Yoghurt</p>	
			<p><u>Week 3</u> Milk or Water Piece of Fruit (80g Min) Veg salad/bag (160g Min) Filled Wholemeal Roll OR Baked Potato Home Baking</p>	

Week 2 - Secondary

<u>LUNCH SERVICE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)
MAIN DISH (1)	Baked Potato Corn on the Cob	Cod Goujon's Chips Peas	Chicken Sausage Mash Green Beans	Quorn & Vegetable Curry Wholegrain Rice (V)
MAIN DISH (2)	Quorn Burger with Wholemeal Bun Corn on the Cob Sweet Potato Chunks (V)	Pasta Bolognese (V) Carrots	Quorn Sausage Mash Green Beans (V)	Chilli & Wholemeal Rice Mixed Salad
DESSERT (Mixed Fruit Bowl Available Daily)	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots
<u>Grab & Go</u> <u>All Offered with a portion of salad or vegetables</u>	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes
<u>Homemade Pot Meal</u> <u>All Offered with a portion of salad or vegetables</u>	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice

Week 3 - Secondary

<u>LUNCH SERVICE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)
MAIN DISH (1)	Chicken Meatballs Tomato & Basil Sauce Whole-wheat Pasta	Roast Chicken Baby Potatoes Seasonal Vegetables	Beef Stew Mashed Potato Carrots	Bubble Fish Chips Peas
MAIN DISH (2)	Lentil & Vegetable Shepherd's Pie Carrots (V)	Macaroni Cheese Broccoli (V)	Whole-wheat Pasta with Red Pesto Cherry Tomatoes Spinach (V)	Quorn Hotdogs Spicy Potato Wedges Corn Cobbett (V)
DESSERT (Mixed Fruit Bowl Available Daily)	Seasonal Fruit Pots	Seasonal Fruit Pots	Seasonal Fruit Pots	Seasonal Fruit Pots
<u>Grab & Go</u> <u>All Offered with a portion of</u> <u>salad or vegetables</u>	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes	Cooks Choice & Selection of Homemade Sandwiches Fresh Salads & Filled Baguettes
<u>Homemade Pot Meal</u> <u>All Offered with a portion of</u> <u>salad or vegetables</u>	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice