

Midlothian

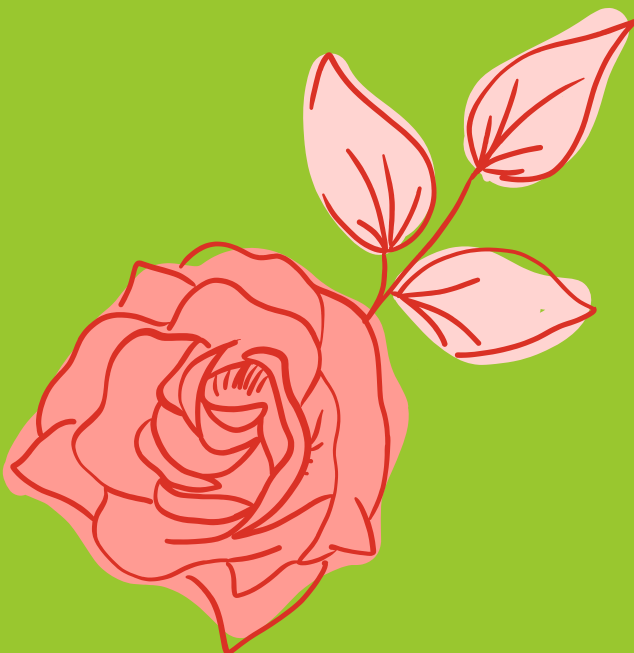


Equal Midlothian Week 2022

7th March - 13th March

*A week of events bringing
communities together and
highlighting equalities work in
Midlothian*

**All
sessions
are free!**



Programme of Events



Organisations working on equalities issues will profile their work during sessions which:

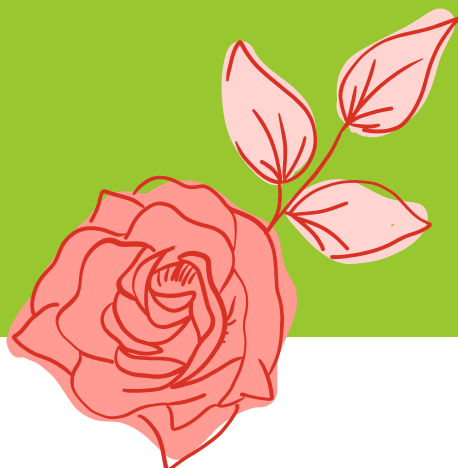
- Promote a more equal Midlothian
- Raise awareness of equality issues
- Celebrate the work people do on equalities in Midlothian
- Create stronger links between groups and involve local adults, young people and children
- Reach out to all communities

In this booklet find:

- A brief overview of sessions happening Monday - Friday
- Information about Midlothian Mela (Saturday 12th March)
- Sunday 13th March
- Descriptions of Sessions running Monday - Friday

For more information about any of the sessions within the Equal Midlothian Week 2022 programme, please visit:

<https://www.midlothian.gov.uk/equal-midlothian> or get in contact with jennifer.hodson@midlothian.gov.uk



Midlothian



Monday 7th March - All Online



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| <p><u>Invisible Women - Data bias in a World Designed for Men by Caroline Criado-Perez - Talk & Discussion</u> with Ann Hall: 1pm – 2pm</p> | <p><u>Vision Impairment Awareness Training with Sight Scotland:</u> 3:45pm – 4:45pm</p> | <p><u>The UNCRC, My Child & Me</u> with Jen Hodson: 6:30pm – 7:30pm</p> |
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Tuesday 8th March - All Online

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| <p><u>Men in Child and Social Care</u> with James Maynard: 10:30am – 11:30am</p> | <p><u>CLD & IGBE</u> with Oonagh McGarry Session: 2pm – 3:30pm</p> | <p><u>Women in Leadership</u> with Annette Lang: 3pm – 4:30pm</p> |
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Wednesday 9th March - All Online

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| <p><u>Islamophobia Causes and Cures</u> with MEND: 10:30am – 11:30am</p> | <p><u>Unconscious Bias Training</u> with Richard Bryce: 1pm – 2:30pm</p> | <p><u>Are we all imposters?</u> With QMU: 2pm – 3pm</p> | <p><u>Decision-Making for Inclusive Practice</u> with Jen Hodson: 6:30pm – 7:30pm</p> |
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Thursday 10th March - All Online

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| <p><u>LGBTQIA+ Support</u> with Health in Mind: 11am – 12 noon</p> | <p><u>Information session for people from minority ethnic communities (Peer Connecting Black and Minority Ethnic, Health In Mind) with Health in Mind:</u> 2pm – 4pm</p> | <p><u>What is public sociology? And what can we do with it?</u> With QMU: 2pm – 3pm</p> |
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Friday 11th March - All Online

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| <p><u>Introduction to British Sign Language</u> with Jen Hodson: 10:30am – 11:30am</p> | <p><u>Visual Awareness session with Q&A with Sight Scotland:</u> 1pm – 2pm</p> |
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AT A GLANCE OVERVIEW OF MONDAY - FRIDAY

If viewing this booklet online, clicking on underlined text will take you to eventbrite pages to register for the events.

If you're unable to access the eventbrites, please contact jennifer.hodson@midlothian.gov.uk to register for any events or for clarification about dates/times.

Saturday 12th March - Midlothian Mela



The Midlothian Mela is an annual event held as part of Equal Midlothian Week and is organised by the Midlothian People's Equality Group (MPEG) in partnership with Midlothian Council. This year, due to disruptions caused by the pandemic, we have a smaller programme for the Mela.

In-Person

Dalkeith Arts Centre will be hosting an in-person event, which will consist of the MPEG AGM, a Talking Books Session & some social activities. This would be a great opportunity for those interested in volunteering to take part in MPEG activity across the year to come along, meet some other volunteers and find out what kinds of things the MPEG help organise. The event will be capped and attendance will be offered on a first come, first serve basis. To book an in-person place, please email jennifer.hodson@midlothian.gov.uk with the subject line titled: In-Person Mela

Online

Some of the activities during the session will be streamed online, so to express interest in taking part from the comfort of your own home, please register: <https://bit.ly/EMWmela>

Sunday 13th March

There are no sessions planned for Sunday 13th March, however we would love it if everyone who has participated in any sessions or activities as part of Equal Midlothian Week 2022 could take time to reflect and consider:

What has resonated with you this week?

How might you promote a more equal Midlothian?



Invisible Women - Data bias in a World Designed for Men by Caroline Criado-Perez - Talk & Discussion with Ann Hall

Monday 7th March: 1pm - 2pm

Much data analysis fails to take into account sex. Men are the default and women atypical resulting in bias and discrimination endemic in our systems. In the workplace, public policy, the doctor's office, and more, a dangerous pattern with consequences for women's lives is unearthed. Investigate this shocking root cause of gender inequality.

Registration Link: <https://bit.ly/EMWinvisible>

Vision Impairment Awareness Session with Q&A with Sight Scotland

Monday 7th March: 3:45pm 4:45pm

Learn about causes of sight loss, eye conditions and their effects; understanding the emotional impact of sight loss; How assistive technology can empower a person with a visual impairment

Registration Link: <https://bit.ly/EMWvisual1>

The UNCRC, My Child & Me with Jen Hodson

Monday 7th March: 6:30pm - 7:30pm

This session is an introduction for Parents & Families to the Incorporation of the UNCRC. Questions that will frame the session: What is the UNCRC?; What is the incorporation of the UNCRC?; Schools are being asked to take a rights-based approach, what does this mean?; Why is understanding children's rights important for teachers and parents/families?; How are schools beginning to embed a rights-based approach?; How might we, as parents and family members, promote a rights-based approach?

Registration Link: <https://bit.ly/EMWuncrc>

All sessions are free and online!



Men in Child and Social Care with James Maynard

Tuesday 8th March: 10:30am - 11:30am

James has spent the last six years changing career direction and getting into Child and Social care. He's hit many barriers and stereotypes in the process. He wants to inspire people, especially older males, if they want a career change. So sign up to listen and ask questions, particularly during this time when a recruitment drive is on in the council and looking for these roles.

Registration Link: <https://bit.ly/EMWmen>

CLD & IGBE (Improving Gender Balance & Equalities) with Oonagh McGarry

Tuesday 8th March: 2pm - 3:30pm

Improving Gender Balance and Equalities – are we getting it right in the Community Learning and Development sector? How can gender influence our day to day lives and the choices we make from birth to adulthood? Information sharing and opportunity for personal reflection (45 mins). Followed by small group discussion reflecting on what this means for CLD practice. We'll finish with individual and collective action planning.

Registration Link: <https://bit.ly/EMWigbe>

Women in Leadership Roles – Sharing Our Experiences, Challenges and Tips with Annette Lang & Guests

Tuesday 8th March: 3pm - 4:30pm

We are delighted to have a selection of guest speakers who come from different walks of lives to share their experiences and reflections on being a woman in a leadership role.

Introduction by Annette Lang, Group Service Manager, (CCP and CLLE, Midlothian Council) and joined by: Vivienne McLaren, Head of Marketing and Digital Strategy at Ideagen, Chair of Scottish Women's Football and won the Institute of Directors Scotland Chair's Award 2021; Dawn Farquhar, Manager at Midlothian Council; Caroline Ferguson, Rural and Urban Training Scheme CEO; & surprise guest.

Registration Link: <https://bit.ly/EMWwomen>

TUESDAY 8TH MARCH

All
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WEDNESDAY 9TH MARCH

All
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Islamophobia Causes and Cures with MEND

Wednesday 9th March: 10:30am - 11:30am

A presentation looking at some of the causes of Islamophobia in Scotland and what we can all do to tackle the issue.

Registration Link: <https://bit.ly/EMWislamophobiasession>

Introduction to Unconscious Bias with Richard Bryce

Wednesday 9th March: 1pm - 2:30pm

This session will introduce you to the concept of unconscious bias. You will learn what it is and how it effects our decision making on a day to day basis.

Registration Link: <https://bit.ly/EMWbias>

Are we all imposters? with Queen Margaret University

Wednesday 9th March: 2pm - 3pm

Have you ever felt like you don't belong at school, college, or university? In this interactive discussion we will use research on 'imposter syndrome' in universities alongside our collective experiences of education to ask how universities could change to ensure that people from all backgrounds feel welcome.

Registration Link: <https://bit.ly/EMWimposters>

Decision-Making to Promote Inclusive Practice with Jen Hodson

Wednesday 9th March: 6:30pm - 7:30pm

This session is for Parents & Families on how schools are supporting transgender young people. Questions to frame the session: Why is inclusive practice important for all children and young people?; How do schools go about making decisions around inclusive practice?; What does 'Transgender' mean?; How does this decision-making process support all pupils, including transgender young people?

Registration Link: <https://bit.ly/EMWinclusive>

LGBTQIA+ Support with Health in Mind

Thursday 10th March: 11am - 12 noon

Info session about the LGBTQIA+ Support Groups provided by Health in Mind. The presentation about our service will end with a Q & A session.

Registration Link: <https://bit.ly/EMWlgbtqia>

Information session for people from minority ethnic communities (Peer Connecting Black and Minority Ethnic) with Health in Mind

Thursday 10th March: 2pm - 4pm

Health in Mind will be providing information on how this service is for anyone aged 18 or over, from a minority ethnic community who is experiencing cultural and/or language barriers, stigma, isolation or mental health and wellbeing difficulties, and how the service provides one to one support, support groups, information and connecting in community for individuals and their families.

Registration Link: <https://bit.ly/EMWbme>

What is public sociology? And what can we do with it? with Queen Margaret University

Thursday 10th March: 2pm - 3pm

Staff and students from QMU's Public Sociology team discuss what public sociology is and what we can do with it. We will focus on how public sociology can help us understand, and challenge, social inequalities and injustices in community partnerships. Open to everyone!

Registration Link: <https://bit.ly/EMWsociology>

THURSDAY 10TH MARCH

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FRIDAY 11TH MARCH

Introduction to British Sign Language with Jen Hodson

Friday 11th March: 10:30am - 11:30am

Come along to this introduction to British Sign Language! You'll get to learn some basic words, have a go at learning the finger-spelling alphabet, learn about some of the benefits of learning sign language and get some hints and tips to take forward learning sign language either on your own at home or through a course!

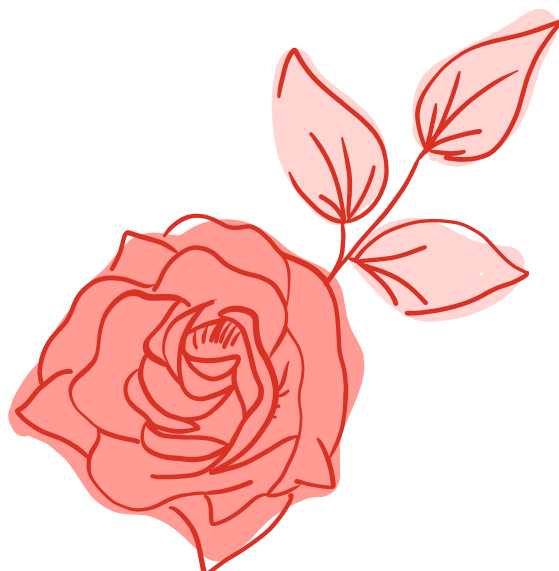
Registration Link: <https://bit.ly/EMWsign>

Vision Impairment Awareness Session with Q&A with Sight Scotland

Friday 11th March: 1pm - 2pm

Another chance (same session as Monday) to learn about causes of sight loss, eye conditions and their effects; understanding the emotional impact of sight loss; How assistive technology can empower a person with a visual impairment

Registration Link: <https://bit.ly/EMWvisual2>



All sessions are free and online!