

SECONDARY MEAL DEALS

All Including Veg/Salad + Fruit + Plain Water



Smarter Choice*

Main Deal of the Day £2.40

Soup + Main from Weekly Lunch Menu + Milk

*** Follows Scottish Schools Nutritional Standards.**

Soup Deal £1.60

Soup + Bread

Deal 1 £2.40

Baguette/Wrap/Sandwich/Panini/
Baked Potato with Filling
+ Soup or Yoghurt or Homebaking

Deal 2 £2.40

Hot Dog/Vegan Dippers/
Quorn Burgers/Pizzini/Pizza
+ Soup or Yoghurt or Homebaking

Deal 3 £2.40

Any Hot Snack
+ Soup or Yoghurt
or Homebaking

CHECK OUT OUR TASTY RANGE
of **hot snack** and **grab 'n' go** items

www.midlothian.gov.uk/grab-go

www.midlothian.gov.uk/hot-snacks



Good Food on the Move

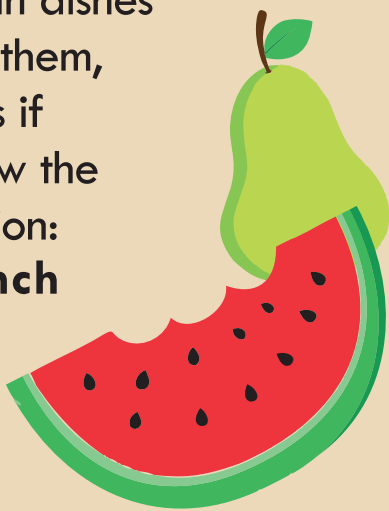
SECONDARY SCHOOL MAIN LUNCH MENU 2025/26

Soups, Fruit
& Salad
Available Daily



Allergen Information

We don't use nuts, peanuts or sesame seeds in dishes and try to source products that don't contain them, however some ingredients may contain traces if produced where they're present. Please follow the guidance at your discretion. Further information: www.midlothian.gov.uk/secondary-lunch



Check out our other tasty ranges:

www.midlothian.gov.uk/morning-break
www.midlothian.gov.uk/hot-snacks
www.midlothian.gov.uk/grab-go



Smarter Choice*
Main Deal of the Day £2.40
Soup + Main from Weekly Lunch Menu + Milk
Follows Scottish Schools Nutritional Standards.

21/4/25, 12/5/25, 2/6/25, 23/6/25, 25/8/25, 15/9/25, 6/10/25, 3/11/25, 24/11/25, 15/12/25, 19/1/26, 9/2/26, 9/3/26, 30/3/26

Week 1	Monday	Tuesday	Wednesday	Thursday
Mains	Chicken Tikka Massala with Rice, Peas & Sweetcorn	Cod Fillet Fish Finger Roll* with Wedges & Peas	Pasta Bolognese with Mixed Salad	Chicken in Gravy with Baby Boiled Potatoes, Yorkshire Pudding & Peas
Vegetarian Mains	Tomato Pasta with Garlic Bread*, Peas & Sweetcorn	Macaroni Cheese with Peas	Vegetable Burger in a Bun* with Chips & Baked Beans	Vegetable Curry with Rice & Peas

28/4/25, 19/5/25, 9/6/25, 11/8/25, 1/9/25, 22/9/25, 20/10/25, 10/11/25, 1/12/25, 5/1/26, 26/1/26, 23/2/26, 16/3/26

Week 2	Monday	Tuesday	Wednesday	Thursday
Mains	Chicken Korma with Rice & Mixed Vegetables	Salmon & Sweet Potato Fishcake with Baby Boiled Potatoes & Peas	Beef Lasagne with Broccoli & Cauliflower	Chicken Meatballs in Gravy with Mashed Potatoes & Carrots
Vegetarian Mains	Tomato Pasta with Garlic Bread* & Mixed Vegetables	Meatball Sub* in Tomato Sauce with Baby Boiled Potatoes & Peas	Macaroni Cheese with Broccoli & Cauliflower	Sweet Chilli Vegetable Noodles with Wedges & Carrots

5/5/25, 26/5/25, 16/6/25, 18/8/25, 8/9/25, 29/9/25, 27/10/25, 17/11/25, 8/12/25, 12/1/26, 2/2/26, 2/3/26, 23/3/26

Week 3	Monday	Tuesday	Wednesday	Thursday
Mains	Chicken Meatballs in Tomato Sauce with Pasta & Carrots	Fish Goujon Roll* with Chips, Peas & Sweetcorn	Steak Pie with Baby Boiled Potatoes & Mixed Vegetables	Chicken Savoury Rice with Sweetcorn
Vegetarian Mains	Macaroni Cheese with Carrots	Quorn Burger in a Bun* with Wedges & Sweetcorn Cobettes	Tomato Pasta with Garlic Bread* & Mixed Vegetables	Cauliflower & Broccoli Bake with Garlic Bread* & Peas

*May contain sesame seeds. Menu has been nutritionally analysed in line with Scottish Nutritional Standards for Food & Drink in Schools.

SECONDARY SCHOOL MORNING BREAKS PRICES



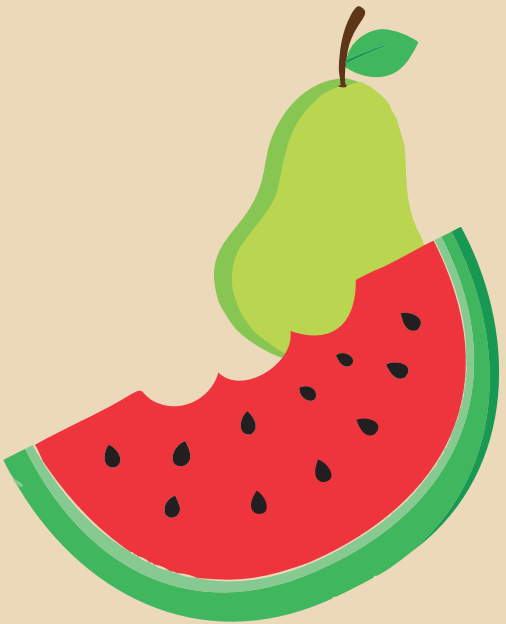
Allergen Information

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Product	Pupils
Toast with spread	£0.25
Hot Baguette with spread	£0.85
All Day Breakfast Tub (chicken sausages, folded omelettes, baked beans, tomatoes)	£1.35
Cheese & Crackers	£0.50
Chicken Sausage (on a roll)	£1.35
Chicken Sausage & Egg Roll	£1.70
Chicken Sausage & Turkey Bacon Roll	£1.70
Cheese/Egg Muffin	£1.05
Cheese & Egg Muffin	£1.35
Egg & Sausage Muffin	£1.70
Quorn Patty/Quorn Sausages on a Roll	£1.35
Turkey Bacon & Egg Roll/Muffin	£1.70
Turkey Bacon Roll	£1.35
Ketchup	£0.20
Lower-fat spread	£0.15

Nutritional Standards

The menu options below meet the **Scottish Nutritional Standards for Food & Drink in Schools**



Good Food on the Move

Product	Pupils
Nachos	£1.05
80g Fruit Pots (apple, pear, orange, banana)	£0.40
Veggie Pots	£0.40
Bagels	£0.90
All fillings for salad, sandwiches, baguettes, wraps, paninis, toasties, hoagies	£0.85
Homebaking	£0.70
Yoghurt	£0.70
Plain Water 330ml	£0.65
Diet Coke/Fanta Orange Zero/Sprite No Sugar	£0.85
Milk	£0.60
Viva No Added Sugar 200ml Flavoured Milk	£0.80
Tea/Coffee (small/large)	£0.55 / £0.80
Flavoured Water 330ml/500ml	£0.85 / £1.05

SECONDARY HOT SNACK PRICES

Main Meal Deal

Soup + Main + Fruit
+ Milk or Plain Water
£2.40



Soup Meal Deal

Soup + Bread +
Veg/Salad + Fruit
+ Plain Water
£1.60

Meal Deal Option 1

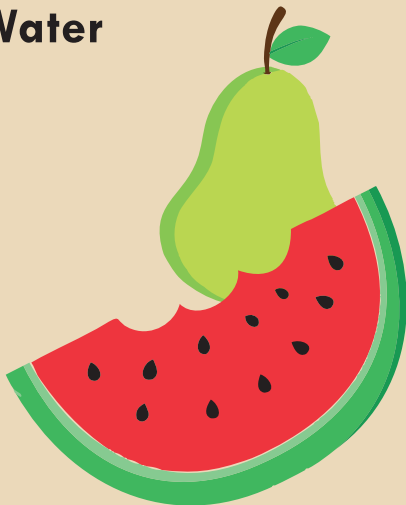
Baguette/Wrap/Sandwich/
Panini/Baked Potato with
Filling + Soup or Yoghurt or
Homebaking + Veg/Salad
+ Fruit + Plain Water
£2.40

Meal Deal Option 2

Hot Dog/Vegan Dippers/
Quorn Burgers/Pizzini/
Pizza + Soup or Yoghurt or
Homebaking + Veg/Salad
+ Fruit + Plain Water
£2.40

Meal Deal Option 3

Any Hot Snack + Soup
or Yoghurt or Homebaking
+ Veg/Salad + Fruit
+ Plain Water
£2.40



Good Food on the Move



Product	Pupils
Chicken Rollover Hot Dog	£1.70
BBQ Chicken Fillet Burger Roll	£1.70
Sweet Chilli Chicken Burger Roll	£1.70
Cajun Chicken Noodle Pot/Quorn Fajita Noodle Pot	£1.25
BBQ Chicken Goujon Wrap/BBQ Chicken Meatball Wrap	£1.70
Sweet Chilli Chicken Meatball Wrap	£1.70
Tomato Chicken Meatball Wrap	£1.70
BBQ Chicken/BBQ Chicken Meatball Pasta	£1.25
BBQ Chicken Meatball Hoagie	£1.70
Quorn Sausage, Bean & Cheese Bake	£1.05
Stone-baked Cheesy Garlic/Garlic/Cheese & Tomato Pizza	£1.05
Cosmo Cheese & Tomato Pizzini	£1.25

Product	Pupils
Homebaking	£0.70
Yoghurt	£0.70
80g Fruit Pots (apple, pear, orange, banana)	£0.40
Veggie Pots	£0.40
Plain Water 330ml	£0.65
Diet Coke/Fanta Orange Zero/Sprite No Sugar	£0.85
Milk	£0.60
Viva No Added Sugar 200ml Flavoured Milk	£0.80
Tea/Coffee (small/large)	£0.55 / £0.80
Flavoured Water 330ml/500ml	£0.85 / £1.05

SECONDARY GRAB 'N' GO PRICES

Main Meal Deal

Soup + Main + Fruit
+ Milk or Plain Water
£2.40



Soup Meal Deal

Soup + Bread +
Veg/Salad + Fruit
+ Plain Water
£1.60

Meal Deal Option 1

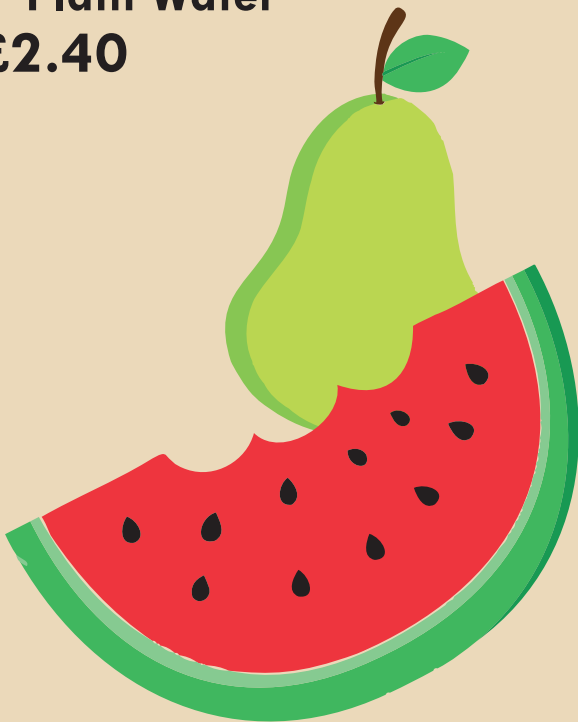
Baguette/Wrap/Sandwich/
Panini/Baked Potato with
Filling + Soup or Yoghurt or
Homebaking + Veg/Salad
+ Fruit + Plain Water
£2.40

Meal Deal Option 2

Hot Dog/Vegan Dippers/
Quorn Burgers/Pizzini/
Pizza + Soup or Yoghurt or
Homebaking + Veg/Salad
+ Fruit + Plain Water
£2.40

Meal Deal Option 3

Any Hot Snack + Soup
or Yoghurt or Homebaking
+ Veg/Salad + Fruit
+ Plain Water
£2.40



Good Food on the Move



Product	Pupils
Sandwiches	£1.45
Salad Bowls	£0.75
Paninis/Baguettes	£1.70
Jacket Potato	£1.05
Jack Potato (with filling)	£1.60
Pizza/Pizzini	£1.25
Chicken Rollover Hot Dog	£1.70
Quorn Vegan Dippers	£1.45
Quorn Burgers (in a bun with ketchup)	£1.45

Product	Pupils
Homebaking	£0.70
Yoghurt	£0.70
80g Fruit Pots (apple, pear, orange, banana) / Veggie Pots	£0.40
Plain Water 330ml	£0.65
Diet Coke/Fanta Orange Zero/Sprite No Sugar	£0.85
Milk	£0.60
Viva No Added Sugar 200ml Flavoured Milk	£0.80
Tea/Coffee (small/large)	£0.55 / £0.80
Flavoured Water 330ml/500ml	£0.85 / £1.05