

PRIMARY SCHOOL LUNCH MENU 2025 - 2026



Available Daily

- Milk or water
- Fruit & salad
- Soup available daily as part of each meal.

FREE school meals

All P1 – P5 pupils are entitled to free school meals. Meals cost £2.10 for P6 and P7. There is a packed lunch option on Fridays for primary children. This must be ordered in advance using our order form.

Special Dietary Requirements

If your child has a medically prescribed diet, the catering team will need confirmation from your doctor or another medical provider. Contact the Catering Supervisor via the school office to discuss.

Allergen Information

We don't use nuts, peanuts or sesame seeds in dishes and try to source products that don't contain them however some ingredients may contain traces if produced where they're present. Please follow the guidance at your discretion. Allergen info: www.midlothian.gov.uk/primary-menu

21/4/25, 12/5/25, 2/6/25, 23/6/25, 25/8/25, 15/9/25, 6/10/25, 3/11/25, 24/11/25, 15/12/25, 19/1/26, 9/2/26, 9/3/26, 30/3/26

Week 1	Monday	Tuesday	Wednesday	Thursday
Main 1	Chicken in Gravy with Baby Boiled Potatoes, Yorkshire Pudding & Green Beans	Salmon & Sweet Potato Fishcake with Wedges & Baked Beans	Beef Chilli with Rice & Peas	Quorn Korma Curry with Rice & Vegetable Medley (v)
Main 2	Baked Potato with Cheese & Mixed Salad (v)	Meatball Sub* in Tomato Sauce with Wedges & Sweetcorn (ve)	Planet Friendly Burger* with Baby Boiled Potatoes & Peas (ve)	Margherita Pizza with Chips & Vegetable Medley (v)
Sandwiches	Cheese (v) or Tuna Mayo Sandwich with Mixed Salad	Chicken or Egg Mayo (v) Sandwich with Mixed Salad	Tuna Mayo or Chicken Sandwich with Mixed Salad	Cheese or Egg Mayo Sandwich with Mixed Salad (v)
Dessert	Yoghurt with Apple (v)	Seasonal Fruit Salad (ve)	Vanilla Sponge with Pear (v)	Chocolate Ice Cream with Banana (v)

28/4/25, 19/5/25, 9/6/25, 11/8/25, 1/9/25, 22/9/25, 20/10/25, 10/11/25, 1/12/25, 5/1/26, 26/1/26, 23/2/26, 16/3/26

Week 2	Monday	Tuesday	Wednesday	Thursday
Main 1	Chicken Savoury Rice with Crusty Bread* & Mixed Salad	Bubble Fish with Mashed Potatoes & Peas	Chicken Fajita with Mixed Salad	Sizzling Sweet Chilli Vegetable Noodles with Sweetcorn Cobettes (v)
Main 2	Baked Potato with Baked Beans & Mixed Salad (ve)	Homemade Tomato Pasta with Garlic Bread* & Peas (ve)	Creamy Macaroni Cheese & Broccoli (v)	Margherita Pizza with Wedges & Sweetcorn Cobettes (v)
Sandwiches	Tuna Mayo or Chicken Sandwich with Mixed Salad	Chicken or Egg Mayo (v) Sandwich with Mixed Salad	Tuna Mayo or Egg Mayo (v) Sandwich with Mixed Salad	Cheese or Egg Mayo Sandwich with Mixed Salad (v)
Dessert	Yoghurt with Melon (v)	Seasonal Fruit Salad (ve)	Chocolate Brownie with Peaches (v)	Jelly with Berries (ve)

5/5/25, 26/5/25, 16/6/25, 18/8/25, 8/9/25, 29/9/25, 27/10/25, 17/11/25, 8/12/25, 12/1/26, 2/2/26, 2/3/26, 23/3/26

Week 3	Monday	Tuesday	Wednesday	Thursday
Main 1	Chicken Tikka Massala with Rice & Carrots	Chicken Meatballs in Tomato Sauce with Pasta & Peas	Traditional Mince with Mashed Potatoes & Carrots	Cheesy Broccoli Pasta Bake with Sweetcorn (v)
Main 2	Baked Potato with Cheese & Mixed Salad (v)	Hearty Cottage Pie with Baked Beans & Peas (v)	Quorn Delicious Dippers with Mashed Potatoes & Baked Beans (v)	Margherita Pizza with Chips & Sweetcorn (v)
Sandwiches	Cheese or Egg Mayo Sandwich with Mixed Salad (v)	Chicken or Tuna Mayo Sandwich with Mixed Salad	Chicken or Egg Mayo (v) Sandwich with Mixed Salad	Cheese or Egg Mayo Sandwich with Mixed Salad (v)
Dessert	Yoghurt with Peaches (v)	Seasonal Fruit Salad (ve)	Golden Syrup Flapjack with Apple (ve)	Vanilla Ice Cream with Banana (v)

v: Suitable for vegetarians ve: Suitable for vegans *May contain sesame seeds