RECIPES AND THEIR ALLERGEN CONTENT

RECIPE NAME	*				×				MUSTARD	A	×		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	
	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphu Dioxide
Apple														
Baked Beans														
Baked Potato														
Banana slices														
Boiled White Rice														
Broccoli Pasta Bake					Wheat		\checkmark		\checkmark					
Carrot & Lentil Soup v2														
Cheese Best of Both Sandwich					Wheat		\checkmark						\checkmark	
Chicken Best of Both Sandwich					Wheat								\checkmark	
Chicken Meatballs in Tomato Sauce														
Chicken Tikka Masala May Contain: Gluten							\checkmark							
(Wheat) Chips														
Chocolate Sponge/Muffins			\checkmark		Wheat		\checkmark							
Cosmo Wholemeal Pizza					Wheat		\checkmark							
Egg Mayo Best of Both Sandwich			\checkmark		Wheat		\checkmark		\checkmark				\checkmark	
Fruit Selection														
Garlic Bread (Baguette) May Contain: Gluten (Barley), Sesame					Wheat									
Grated Cheese Filling (for baked potato)							\checkmark							
Ice Cream (Reduced Sugar)							\checkmark							
Lentil and Vegetable Soup														
Mashed Potatoes							\checkmark							
Meat Free Cottage Pie							\checkmark						\checkmark	
Mixed Pepper Sticks														
Mixed Salad														

Muller Healthy Balance Yoghurt					\checkmark				
Muller Milk					\checkmark				
Peach Slices									
Peas									
Penne pasta May Contain: Mustard, Soybeans				Wheat					
Quorn Dippers				Wheat					
Reduced Sugar Flapjack				Oats					
Sliced Carrots									
Sweetcorn									
Traditional Mince (with turnip)									
Tuna Mayo Best of Both Sandwich		\checkmark	\checkmark	Wheat	\checkmark	\checkmark		\checkmark	
Water									