

# SECONDARY MEAL DEALS

All Including Veg or Salad, Fruit & Plain Water



**Smarter Choice\***

**Main Deal of the Day £2.65**

**Soup, main from weekly lunch menu, fruit & water**

\* Follows Scottish Schools Nutritional Standards

**Soup Deal £1.75**

Soup & Bread

**Deal 1 £2.65**

Baguette/Wrap/Sandwich/Panini  
or Baked Potato with Filling  
& Soup or Yoghurt or Homebaking

**Deal 2 £2.65**

Hot Dog/Vegan Dippers/  
Quorn Burgers/Pizzini/Pizza  
& Soup or Yoghurt or Homebaking

**Deal 3 £2.65**

Any Hot Snack  
& Soup or Yoghurt  
or Homebaking

**CHECK OUT OUR TASTY RANGE  
of hot snack and grab 'n' go items**

[www.midlothian.gov.uk/grab-go](http://www.midlothian.gov.uk/grab-go)

[www.midlothian.gov.uk/hot-snacks](http://www.midlothian.gov.uk/hot-snacks)



**Good Food on the Move**

# SECONDARY SCHOOL MAIN LUNCH MENU 2026/27

Soups, Fruit & Salad Available Daily



## Allergen Information

We don't use nuts, peanuts or sesame seeds in dishes and try to source products that don't contain them, however some ingredients may contain traces if produced where they're present. Please follow the guidance at your discretion. Further information:

[www.midlothian.gov.uk/secondary-lunch](http://www.midlothian.gov.uk/secondary-lunch)



## Check out our other tasty ranges:

[www.midlothian.gov.uk/morning-break](http://www.midlothian.gov.uk/morning-break)

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## Smarter Choice\*

Main Deal of the Day £2.65

Soup, main from weekly lunch menu, fruit & water.

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20/4/26, 11/5/26, 1/6/26, 22/6/26, 10/8/26, 24/8/26, 14/9/26, 5/10/26, 2/11/26, 23/11/26, 14/12/26, 11/1/27, 1/2/27, 1/3/27, 22/3/27

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Mains</b>	Chicken savoury rice with wedges, coleslaw & mixed salad	Bubble fish with mashed potatoes & peas	Steak pie with baby boiled potatoes, broccoli & cauliflower	Turkey burger in a bun* with mixed salad & sweetcorn cobbettes
<b>Vegetarian mains</b>	Vegetable burger in a bun* with wedges, coleslaw & mixed salad	Tomato pasta with garlic bread* & peas	Meat free chilli with rice, broccoli & cauliflower	Macaroni cheese with sweetcorn cobbettes

27/4/26, 18/5/26, 8/6/26, 10/8/26, 31/8/26, 21/9/26, 19/10/26, 9/11/26, 30/11/26, 21/12/26, 18/1/27, 8/2/27, 8/3/27, 29/3/27

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Mains</b>	Chicken korma with rice, naan bread & sweetcorn	Bubble salmon with chips & peas	Chicken burger in a bun* with wedges & vegetable medley	Pasta bolognese with garlic bread* & mixed salad
<b>Vegetarian mains</b>	Tomato pasta with garlic bread* & mixed salad	Vegan sausage roll with chips, baked beans & peas	Macaroni cheese with crusty bread* & mixed salad	Quorn korma curry with rice & mixed salad

4/5/26, 25/5/26, 15/6/26, 17/8/26, 7/9/26, 28/9/26, 26/10/26, 16/11/26, 7/12/26, 4/1/27, 25/1/27, 22/2/27, 15/3/27

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Mains</b>	Chicken meatballs in gravy with mashed potatoes & broccoli	Fish pie with crusty bread* & peas	Spaghetti bolognese with garlic bread* & sweetcorn cobbettes	Chicken tikka with rice, naan bread & mixed salad
<b>Vegetarian mains</b>	Macaroni cheese with broccoli	Tomato pasta with crusty bread* & peas	Vegetable burger in a bun* with wedges & mixed salad	Cheese & onion stuffed baked potato with coleslaw & mixed salad

\*May contain sesame seeds. Menu has been nutritionally analysed in line with Scottish nutritional standards for food & drink in schools.

# SECONDARY SCHOOL MAIN LUNCH MENU 2026/27

**Soups,  
Fruit  
& Salad  
Available  
Daily**



**Smarter Choice\*  
Main Deal  
of the Day  
£2.65**



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WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
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<i>Vegetarian mains</i>	Vegetable burger in a bun* with wedges, coleslaw & mixed salad	Tomato pasta with garlic bread* & peas	Meat free chilli with rice, broccoli & cauliflower	Macaroni cheese with sweetcorn cobettes



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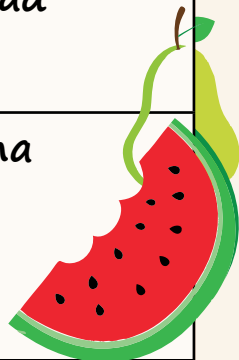
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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<i>Mains</i>	Chicken korma with rice, naan bread & sweetcorn	Bubble salmon with chips & peas	Chicken burger in a bun* with wedges & vegetable medley	Pasta bolognese with garlic bread* & mixed salad
<i>Vegetarian mains</i>	Tomato pasta with garlic bread* & mixed salad	Vegan sausage roll with chips, baked beans & peas	Macaroni cheese with crusty bread* & mixed salad	Quorn korma curry with rice & mixed salad



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Fruit  
& Salad  
Available  
Daily**



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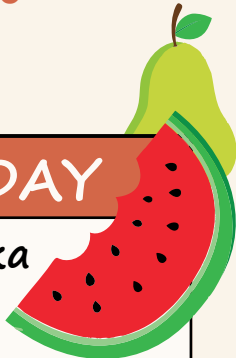
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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<i>Mains</i>	Chicken meatballs in gravy with mashed potatoes & broccoli	Fish pie with crusty bread* & peas	Spaghetti bolognese with garlic bread* & sweetcorn cobettes	Chicken tikka with rice, naan bread & mixed salad
<i>Vegetarian mains</i>	Macaroni cheese with broccoli	Tomato pasta with crusty bread* & peas	Vegetable burger in a bun* with wedges & mixed salad	Cheese & onion stuffed baked potato with coleslaw & mixed salad



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# SECONDARY SCHOOL MORNING BREAKS PRICES

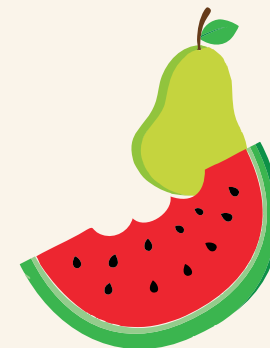
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## Nutritional Standards

The menu options below meet the Scottish nutritional standards for food & drink in schools



**Good Food  
on the Move**

Product	Pupils
Toast with spread	£0.30
Hot baguette with spread	£0.95
Cheese & crackers	£0.50
Chicken sausage (on a roll)	£1.50
Chicken sausage & egg roll	£1.85
Chicken sausage & turkey bacon roll	£1.85
Cheese/egg muffin	£1.05
Cheese & egg muffin	£1.85
Egg & sausage muffin	£1.85
Turkey bacon & egg roll/muffin	£1.85
Turkey bacon roll	£1.50
Ketchup	£0.25
Lower-fat spread	£0.15

Product	Pupils
80g fruit pots (apple, pear, orange, banana)	£0.90
Veggie pots	£0.90
Bagels	£1.00
All fillings for salad, sandwiches, baguettes, wraps, paninis, toasties, hoagies	£1.85
Homebaking	£0.75
Yoghurt	£0.75
Plain water 330ml/500ml	£0.70/£1.00
Diet coke/fanta orange zero/sprite no sugar	£0.95
Milk	£0.65
Viva no added sugar 200ml flavoured milk	£0.80
Tea/coffee	£1.10
Flavoured water 330ml/500ml	£0.95/£1.15

# SECONDARY HOT SNACK PRICES

## Main Meal Deal

Soup & main  
£2.65

## Soup Meal Deal

Soup & bread  
£1.75

## Meal Deal Option 1

Baguette/wrap/sandwich/  
panini/baked potato with  
filling & soup or yoghurt  
or homebaking  
£2.65

## Meal Deal Option 2

Hot dog/vegan dippers/  
quorn burgers/pizzini/  
pizza & soup or yoghurt  
or homebaking  
£2.65

## Meal Deal Option 3

Any hot snack &  
soup or yoghurt  
or homebaking  
£2.65



All deals come with  
veg or salad, fruit  
and plain water.



Good Food  
on the Move



Product	Pupils
Chicken rollover hot dog	£1.85
Bbq chicken fillet burger roll	£1.85
Sweet chilli chicken burger roll	£1.85
Bbq chicken goujon wrap/bbq chicken meatball wrap	£1.85
Bbq chicken /bbq chicken meatball pasta	£1.25
Stone-baked cheesy garlic/garlic/cheese & tomato pizza	£1.40
Cosmo cheese & tomato pizzini	£1.40
Spicy chicken pizzini	£1.40
Cheese pizza baguette	£1.40
Tempura pollock fillets (3 with wrap or wedges)	£1.85
Turkey burger	£1.85
Veggie burger	£1.60
Popcorn chicken	£1.45
Vegan sausage roll	£1.50

Product	Pupils
Homebaking	£0.75
Yoghurt	£0.75
80g fruit pots (apple, pear, orange, banana)	£0.90
Veggie pots	£0.90
Plain water 330ml	£0.70
Plain water 500ml	£1.00
Diet coke/fanta orange zero/sprite no sugar	£0.95
Milk	£0.65
Viva no added sugar 200ml flavoured milk	£0.90
Tea/coffee	£1.10
Flavoured water 330ml	£0.95
Flavoured water 500ml	£1.15

# SECONDARY GRAB 'N' GO PRICES

## Main Meal Deal

Soup & main  
£2.65

## Soup Meal Deal

Soup & bread  
£1.75

## Meal Deal Option 1

Baguette/wrap/sandwich/  
panini/baked potato with  
filling & soup or yoghurt  
or homebaking  
£2.65

## Meal Deal Option 2

Hot dog/vegan dippers/  
quorn burgers/pizzini/  
pizza & soup or yoghurt  
or homebaking  
£2.65

## Meal Deal Option 3

Any hot snack &  
soup or yoghurt  
or homebaking  
£2.65

All deals come with  
veg or salad, fruit  
and plain water.

Product	Pupils
Sandwiches	£1.45
Paninis/baguettes	£1.85
Jacket potato	£1.15
Jacket potato with filling	£1.75
Jacket potato with 2 fillings	£2.70
Pizza /pizzini	£1.40
Chicken rollover hot dog	£1.85
Quorn vegan dippers	£1.45
Popcorn chicken	£1.45
Turkey burger	£1.85
Spicy chicken pizzini	£1.40
Vegan sausage roll	£1.50
Cheese pizza baguette	£1.40
Tempura pollock fillets (3 with wrap or wedges)	£1.85
Veggie burger	£1.60



Good Food  
on the Move



Product	Pupils
Homebaking	£0.75
Yoghurt	£0.75
80g fruit pots (apple, pear, orange, banana)	£0.90
Veggie pots	£0.90
Plain water 330ml	£0.70
Diet coke/fanta orange zero/sprite no sugar	£0.95
Milk	£0.65
Viva no added sugar 200ml flavoured milk	£0.90
Tea/coffee	£1.10
Flavoured water 330ml	£0.95
Flavoured water 500ml	£1.15