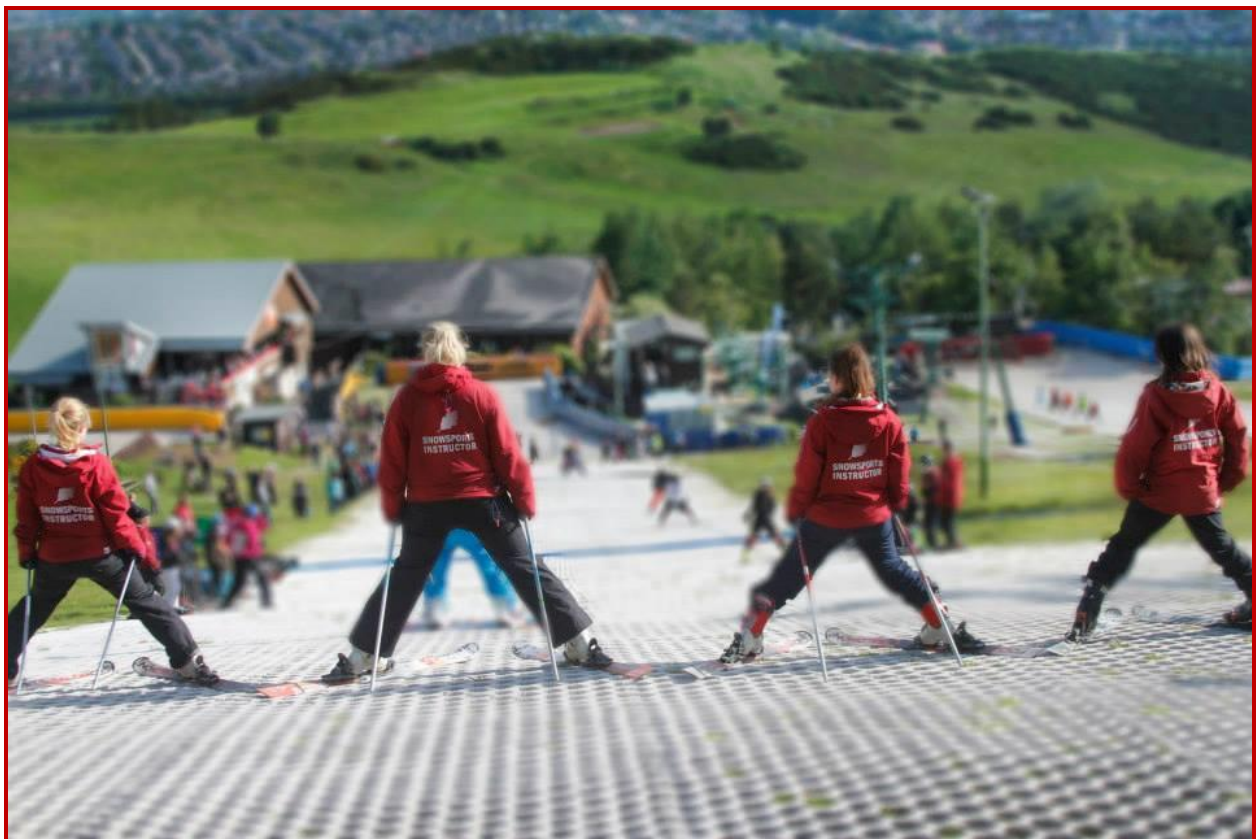


# Hillend

## SCHOOLS PROGRAMME 2018 – 2019



### MIDLOTHIAN SCHOOLS

TEL: 0131 445 4433

Email: [ski@midlothian.gov.uk](mailto:ski@midlothian.gov.uk)

Website: <http://ski.midlothian.gov.uk>

Hillend, Nr Edinburgh, Midlothian, EH10 7DU

Midlothian *Snowsports Centre*



# Schools Programme 2018 – 2019

*‘Our aim is to provide the very highest standard of instruction at a reasonable cost for all standards of snow sport participant, from beginner to the highest level of performance.*

*Our team of Instructors are all fully qualified and over the years have successfully taught thousands of people to learn how to ski and snowboard.*

*Our philosophy is to continually encourage and praise, creating a safe learning environment that is also fun.”*

## **Group Sizes**

In order that all children experience an enjoyable and beneficial visit to Midlothian Snowsports Centre, it is essential that each group\* should consist of 10 – 15 pupils of similar standard for skiing or 8-10 pupils of similar standard for snowboarding.

Due to the fast learning curve of snowsports, it is not possible to allow beginners to join a group that has had two or more week’s experience.

Each School group must be accompanied by an adult to assist Centre Staff, to sign in at Reception and register the number of children attending.

\*The minimum charge for each group is based on 10 pupils participating in skiing or 8 pupils in snowboarding.

## **Availability**

Monday to Friday: 09.00 – 18.00

(Last 1.5 hours class commences 16.30 and last 3 hour session commences 15.00)

**Café 360** Opening Times: 10.30 – 20.30

## **Prices (includes instruction, ski hire and uplift)**

The cost to primary and secondary schools within Midlothian:

Full Session	3hrs	£ 9.75
Half Session (school time)	1.5hrs	£ 6.40
Half Session (after school time)	1.5hrs	£ 6.60

These prices are based on the minimum numbers in the groups. The time allowance includes the time to get issued and return equipment in the ski hire.

## **Teacher or Accompanying Parent Helper**

- Check in at Reception with numbers attending.
- Keep hold of register in case of emergency evacuation procedure.
- Identify to Reception or Duty Manager of your likely location, you should stay on site in case a child feels unwell.
- Report any accident to First Aid.
- Check out all children on register to ensure that any child whose parent is late will be supervised by the teacher/parent helper on duty.

We allow one teacher per group to take part in the lessons at no additional cost. For experienced skiers/snowboarders we also offer a free practice ticket (one per group) if assisting with the school/club as above.

## **DIY Groups & Ski / Snowboard Leaders**

A group using its own qualified staff can be accepted. The standard charge will apply, although there is no minimum number of pupils. The DIY teacher must have the relevant qualification i.e. Ski Leader or Snowboard Leader for small groups or Level 1 BASI/CASI/SSS for larger beginner groups. A copy of the qualifications should be sent to Louise Sharp prior to attendance.

## **Additional Support Needs**

We are happy to accommodate children with additional support needs but we must be made aware of requirements prior to attendance. On many occasions the individual may well be able to participate as part of a class structure; however, there are occasions when conditions of safety may necessitate a one-to-one instructor/pupil ratio as below. We expect the supervising teacher to take an active role in supporting the lesson and the instructor.

### **One-to-one lessons**

The cost of a one-one lesson is £24.75 per 1½hrs. (This represents more than half the price of a private lesson) We also offer lessons with our bi-ski, a type of sit ski, which allows individuals with limited movement of the limbs to experience snowsports. The bi-ski is guided by one of our qualified members of staff (availability dependent)

**Please give prior notice of additional support needs requirements before booking**

## Essential Checklist

### The Cost:

Pupils (school time)	3hrs	£9.75
	1.5hrs	£6.40
(After school time)	1.5hrs	£6.60

### How Long:

A minimum of six weeks is advisable, longer or shorter blocks/visits can be arranged.

**What Age: 7 and over** for school time programme, 6 year olds are able to attend after school programme if parents are present at the centre each week.

**From P4** – summer and early autumn terms suit the younger children better. For younger children, ages 4 to 5, please call Reception and ask for details on our ski programme outwith the schools programme.

### What Standard:

Any standard but each group must be made up of the same level of ability in skiing or snowboarding. We cannot accommodate children higher than level 7 in the schools programme.

### How Many:

Up to 60 pupils (beginners) can be taken at any one time. We can accept larger groups of competent skiers/snowboarders.

Skiing: Groups of 10 – 15 (minimum charge is 10 places)

Snowboarding: Max group size of 10 pupils (minimum charge is 8 places)

*Please note standards of children will reflect number of instructors required.*

### Clothing:

Gloves are essential

Helmets (provided)

Trousers (track suit or similar)

Jacket (appropriate for the season)

Socks (thick, long socks)

Change of clothes, especially if the group is returning to school

Summer & early autumn terms: Long-sleeved top, sun protection cream, drinking fluids.

Late autumn & spring terms: Wear warm clothing with long sleeves and bring waterproof clothing if it is raining.

### Lockers:

20p is needed for the lockers, this is non-refundable.



**Application for Snowsports Schools Programme 2018/2019**

**Council: Midlothian**

**School:**

**Tel No:**

**Address:**

**Post Code:**

**Email:**

**Invoice address** (if different from above):

**Cost Centre Expenditure Code:**

**Term 1: 20 August – 21 December 2018 (excluding 15 - 22 October & 02 November)**

**Term 2: 8 January – 05 April 2019 (excluding 11 - 15 February)**

**Term 3: 23 April – 28<sup>th</sup> June 2019**

For skiing, all pupils should be of the **same standard** with a maximum of 15 pupils in each group. For snowboarding, all pupils should be of the **same standard** with a maximum of 10 pupils in each group. Two weeks' minimum notice required for cancellation, otherwise a minimum charge will be applied (excludes DIY groups).

Do you wish to: **SKI** or **SNOWBOARD** (delete as appropriate)

Priority	Day	Time	SKI NOs BEG	SKI NOs TOTAL	S/B NOs BEG	S/B NOs TOTAL (MAX 20)	DIY*
1							
2							

**\*DIY Groups & Ski Leaders**

*A group using its own qualified staff can be accepted with a copy of current first aid and Snowsport qualifications. The standard charge will apply although there is no minimum number of pupils. The session times are far more flexible for those groups providing their own Ski Leader.*

Ski Leader: Yes / No (delete as appropriate)

**Dates:** From:

To:

Excluding :

**Please list any Additional Needs requirements:**

Name of teacher accompanying group:

Occasionally photography and filming may be conducted. Images of pupils (group and individuals) may be used in local/national media, displayed at the Snowsports Centre or on its website for promotional purposes. Please indicate if you consent to this. **Yes/ No** (please delete as appropriate).

Signed (Head Teacher):

Date:

Please return to: Midlothian Snowsports Centre, Hillend, Nr. Edinburgh, Midlothian, EH10 7DU

Tel: 0131 445 4433

Email: [ski@midlothian.gov.uk](mailto:ski@midlothian.gov.uk) or [louise.houston@midlothian.gov.uk](mailto:louise.houston@midlothian.gov.uk)

Midlothian Council is registered under the Data Protection Act. Information you provide will be stored on a database which will be managed in accordance with the Council's data protection requirements.

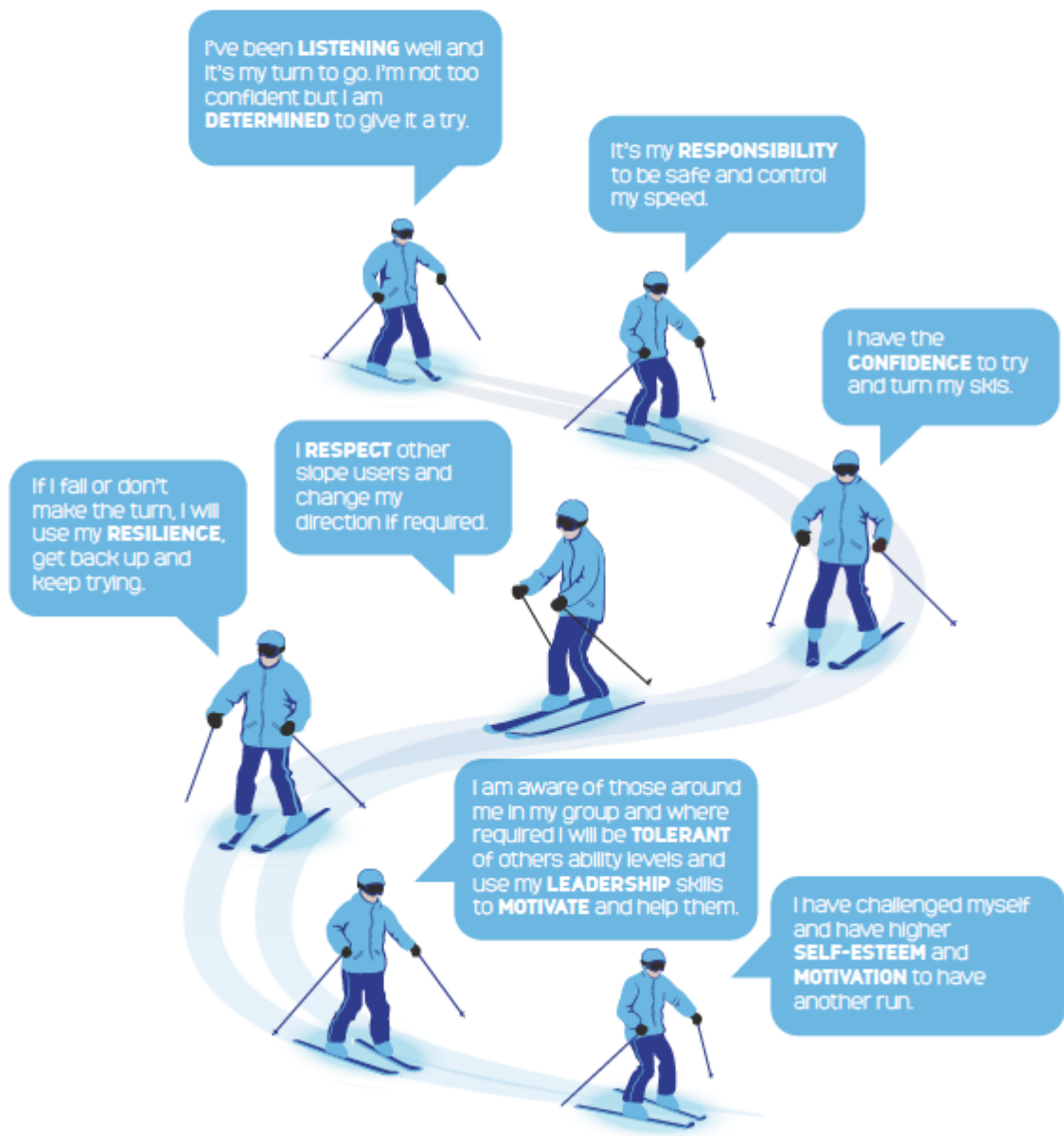
These posters show examples of how Snowsports can provide quality PE and meet the Significant Aspects of Learning within the Curriculum for Excellence in PE documentation created by Education Scotland.

Alpine Skiing

# PERSONAL QUALITIES

Significant Aspects of Learning in Physical Education

Developed in Association With





Alpine Skiing

Significant Aspects  
of Learning in  
Physical Education

# PHYSICAL COMPETENCIES

Developed in Association With



# COGNITIVE SKILLS

Developed in Association With



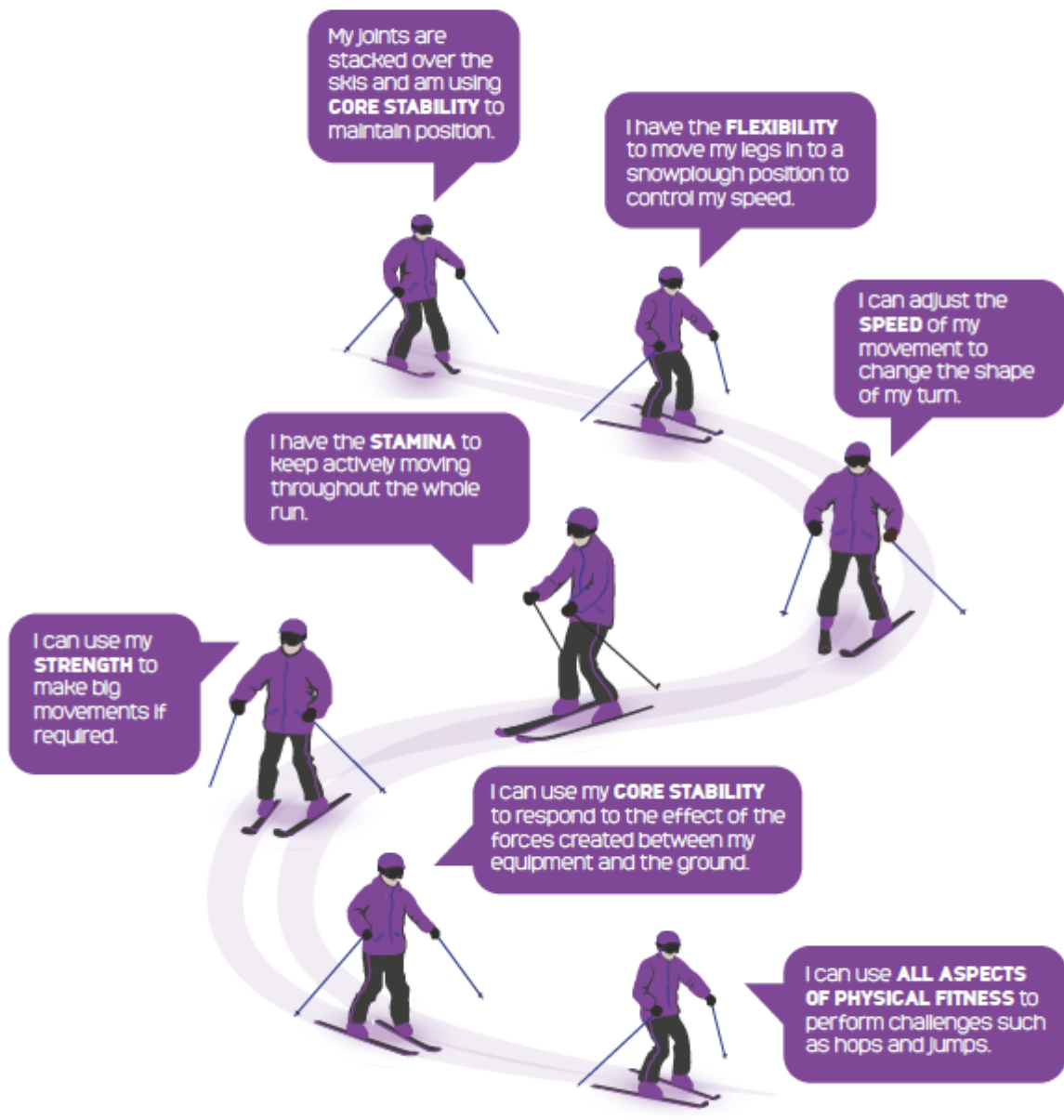


Alpine Skiing

Significant Aspects  
of Learning in  
Physical Education

# PHYSICAL FITNESS

Developed In Association With



# BOYD ANDERSON RACE

## SKI RACE COMPETITION FOR SCHOOL TEAMS

The Annual Schools Ski Racing Competition, **the Boyd Anderson Race** will take place on **Monday 10<sup>th</sup> December** (primary schools) **and Wednesday 12<sup>th</sup> December** (secondary schools) at Midlothian Snowsports Centre, Hillend at 9.30am.

The races provide a key milestone for children in their exposure to skiing. Representing the School is an honour they appreciate and most relish the chance to compete, whatever their level (please ensure all skiers can ski competently from the first red path - Middle Station).

The fact that there are events for both experienced and novice racers increases the accessibility of the event and we hope that most schools will be keen to enter at least one team.

## PRIMARY SCHOOLS

The Ski Competition for Primary Schools within Edinburgh City, Midlothian, East Lothian and West Lothian Councils will be held at Midlothian Snowsports Centre on **Monday 10<sup>th</sup> December 2018** at 9.30am with access to equipment and practice from 9.00am.

A school may enter one team in each category - Boyd Anderson Trophy for experienced skiers and **Novice Trophy for those who have skied for no longer than one year**. A team shall consist of **six members** with the aggregate times of the fastest four to count for a team score. The competition will be an open slalom from the Middle Station with approximately eight gates to be negotiated. Teams must be accompanied by a member of staff who should be prepared to act in an official capacity and also ensure that all equipment is returned to the Ski Store after the race. The prize giving will be as soon after the end of the event as possible. As well as the best teams winning the trophies, prizes are awarded the fastest boy and girl. There is also a trophy for the Primary school which shows most interest and puts the most effort into skiing through the autumn term. The full results will be sent to the school as soon as possible after the event.

**An entry fee of £8.10 per child will be levied, that is, £48.60 per team.  
This fee MUST be paid at Reception before the race commences.  
Cheques payable to Midlothian Council.**

Please contact the instructors at Hillend if there is any doubt about selecting a team.

The attached entry form should be returned to Midlothian Snowsports Centre **no later than Monday 03<sup>rd</sup> December 2018**. Unfortunately no late entries can be accepted.

It would be appreciated if all trophies won last year could be returned as soon as possible.

**ONCE NAMES ARE GIVEN IN RACE ORDER THIS MUST BE ADHERED TO ON THE DAY OF THE RACE EXCEPT IN CASE OF ILLNESS.**

It would also be appreciated if teams could arrive in plenty of time to receive equipment and therefore ensure a prompt start.



**Please complete and return by Monday 03<sup>rd</sup> December 2018 to:**

Midlothian Snowsports Centre  
Hillend, Nr. Edinburgh  
Midlothian  
EH10 7DU

Email: ski@midlothian.gov.uk

**SKI COMPETITION *PRIMARY SCHOOLS* - BOYD ANDERSON TROPHY  
Monday 10th December 2018: 9.30am**

**School**.....

This school will be entering a team competition on **Monday 10<sup>th</sup> December 2018**

**PLEASE GIVE FULL NAMES IN BLOCK LETTERS**

**BOYD ANDERSON  
TEAM ENTRANTS**

**NOVICE TEAM ENTRANTS**

Race Order\*

- 1. ....
- 2. ....
- 3. ....
- 4. ....
- 5. ....
- 6. ....

- 1. ....
- 2. ....
- 3. ....
- 4. ....
- 5. ....
- 6. ....

\*Order in which racers are numbered must be adhered to

SIGNED ..... DATE .....  
(Head Teacher)

If known, please name of teacher accompanying team(s)  
(BLOCK LETTERS PLEASE)

.....

## **SECONDARY SCHOOLS**

The competition for the Boyd Anderson Trophy will be held at Midlothian Snowsports Centre on **Wednesday 12<sup>th</sup> December 2018** at 9.30am with access to equipment and practice from 9.00am. The competition is open to any Secondary School within Edinburgh City, Midlothian, East Lothian and West Lothian Councils and **teams of four skiers** are required of which the three best aggregate times are counted. The course is of a slalom type and will be set from near the top of the slope. The result is decided on the fastest team time. Each school should be accompanied by a member of staff who would be prepared to act in an official capacity and also ensure that all equipment is returned to the Ski Store after the race. The prize giving will be held as soon after the end of the event as possible. As well as the best team winning the Trophy, prizes are awarded to the fastest girls' team, fastest boys' team and overall fastest boy and girl. **There is also a Novice Trophy for those who have no more than one year's experience.** Novice teams will race from the Middle Station only. The full results will be sent to the school as soon as possible after the event.

**An entry fee of £8.10 per child will be levied, that is, £32.40 per team.  
This fee MUST be paid at Reception before the race commences.  
Cheques payable to Midlothian Council.**

### **RACE RULES**

Schools shall be allowed to enter a **MAXIMUM** of **three** teams of four, only one team in any category.

1. **Team 1 for Boyd Anderson Trophy**

This team shall compete for the Boyd Anderson Trophy which shall be the main event of the day. This team shall be of any composition, mixed or single gender.

2. **Team 2 for 'B' Team Trophy (Girls)**

An all girls team may be nominated to compete for this Trophy providing the school has entered a team for the Boyd Anderson Trophy.

3. **Team 3 for 'B' Team Trophy (Boys)**

An all boys team may be nominated to compete for this Trophy providing the school has entered a team for the Boyd Anderson Trophy.

4. **Team 4 for Novice Trophy**

A team of any composition, mixed or single gender, can be nominated for this Trophy. Team members shall be of **no higher standard** than Plough Parallel and shall have skied for **no longer than one year**. This competition shall be from the Middle Station only and shall be held after the Boyd Anderson Trophy and 'B' Team Trophy competitors have raced.

The judge's decision shall be final on any questions concerning level of ability. No pupil shall ski for more than one team. All competitors must be on the school register.

Please indicate on the attached form whether or not your school wishes to put forward a team or teams for this competition and return it to Midlothian Snowsports Centre, Hillend, Nr. Edinburgh, Midlothian, EH10 7DU, **no later than Monday 03<sup>rd</sup> December 2018**. Unfortunately no late entries can be accepted.

It would be appreciated if all trophies won last year could be returned as soon as possible.

**ONCE NAMES ARE GIVEN IN RACE ORDER THIS MUST BE ADHERED TO ON THE DAY OF THE RACE EXCEPT IN CASE OF ILLNESS.**

Please ensure that all participants are at the Centre in plenty of time to collect equipment and have a few warm-up runs.



Please complete and return by **Monday 03<sup>rd</sup> December 2018** to:

Midlothian Snowsports Centre  
Hillend, Nr. Edinburgh  
Midlothian  
EH10 7DU

Email:ski@midlothian.gov.uk

**SKI COMPETITION *SECONDARY SCHOOLS* - BOYD ANDERSON TROPHY  
WEDNESDAY 12th December 2018: 9.30am**

**School** .....

This school will be entering a team(s) for the competition on **Wednesday 12<sup>th</sup> December 2018**.  
**PLEASE GIVE NAMES IN FULL, USING BLOCK LETTERS.**

**TEAM ENTRANTS**

Race Order\*

**Team 1 - Boyd Anderson Trophy**

- 1. ....
- 2. ....
- 3. ....
- 4. ....

**Team 2 - Girls**

- 1. ....
- 2. ....
- 3. ....
- 4. ....

**Team 3 - Boys**

- 1. ....
- 2. ....
- 3. ....
- 4. ....

**Team 4 - Novice**

- 1. ....
- 2. ....
- 3. ....
- 4. ....

\*Order in which racers are numbered must be adhered to

SIGNED ..... DATE .....  
(Head Teacher)

If known, please name the teacher accompanying team(s)  
(BLOCK LETTERS PLEASE)

.....